



U3A Townsville Inc.

SUPPORTED BY



NEWSLETTER AUGUST 2020

PRESIDENT'S REPORT;

In July the Management Committee met in person in the group room , it was good to meet face to face as well as maintaining safe distancing. and discussing .

After feedback from the Tutors workshops we were able to plan for a gentle and tentative return to classes with numbers that comply with our Covid safety plan. Lyn, the Class coordinator , made contact with tutors, leaders and groups to enable the production of the class diary/bookings information sheet. Members were informed of this change via a bulk email sent out soon after the meeting. It is a relief for some of the groups to be active again and some other classes decided to delay commencement until suitable venues can be sourced or reused. Lyn is following this up with the Townsville City Council re the reopening of spaces we have used before.

It is heartening to see that our membership is growing even in this difficult time. The article in the Townsville Bulletin's Prime Time prompted some calls to admin and the advertisement on Triple T also catches some listeners interest.

We value these connections with our community media that help inform local retired and senior people who are seeking to keep up their intellectual, physical and social activities

Recently, the legislation governing incorporated associations in Queensland had been subject to a review. The subsequent law changes were introduced to the Queensland Parliament with the passing of the Royal consent to the Bill in June 2020. The sweeping changes approved in the Associations Incorporation Act affects all the U3A organizations across the State. The U3A Qld Network has been providing information to its member organizations. Here in Townsville, the Management will examine the new laws; designed to improve the internal governance, and amend our constitution as required as the laws takes effect progressively over the next couple of years.

Keep safe, enjoy the classes as they become available and stay in touch through the Admin office and the website,

Regards Pauline Woodbridge

THEY'RE BAAAAACK! ...WELL AT LEAST SOME OF THEM ARE.

But, due to the current situation, numbers at classes/groups have to be capped and class times limited to comply with U3A Townsville's COVID-19 Plan.

However, that does not mean that we are not looking at starting new classes or groups in the future. It will look a little different as we move forward.

One of our meeting spaces is limited to five people but this number is still enough to get interested people together for serious discussion or stirring debate this number will be enough to host some informal but dramatic readings of Shakespeare – well, as long as people take on a number of different castings; and we can read and appreciate the works of the Romantic Poets.

Then there's learning to do crafts – can you teach crochet, or any form of hand embroidery or stitch work?

What about Kokedama? Can you demonstrate how to make a Kokedama? I tried to follow YouTube but failed miserably – all I did was strangle my plant. A popular subject is always anything to do with gardening or house plants.

If you can, come forward and teach others. Don't hide your talent – please share your knowledge with others.

**Please email me on classcoord@u3atownsville.com
to tell me how you can guide others to learn something new.**

ITALIAN CLASS NEWS

When Lyn (U3A Class Coordinator) asked me if I would like to teach Italian I took a deep breath and produced a curriculum based on 5 formal teaching books and from the first five chapters of each book.

I've been stunned by the amount of interest and the number of U3A members turning up to learn and have sustained presence each week. All year I have been fine tuning the content and think I now have an interesting, informative and easy to learn curriculum. Even though we have loads of laughs we still keep on track.



An Italian Street

I am impressed by the application that the members show. Now I may have to throw in a few curved balls just to keep it interesting while upping the ante.

Ciao Trish Jordan

ADMINISTRATION WHY IT IS IMPORTANT

U3A has a dedicated group (all Volunteers) managing the administrative aspect of U3A.

The team consists of Graham Collins who keeps our software up to date. We use an access program that is designed to add or subtract member details easily. Larry Frazer is our treasurer keeping abreast of memberships and expenses of the organization. Jenny Sebba is assistant treasurer who is tasked with maintaining the bookwork, which needs to be kept up to date for the Government rules of committees.

Alan Williams is responsible for checking memberships and income, he also works on sending out newsletters to those who do not have email.

Finance is really important and covers expenses such as rent for the premises, public liability and general insurance, there are fees for the phone, and internet, costs for office materials and kitchen essentials. These general costs are paid for by your annual contributions.



At present the current Membership subscription is \$20 compared to \$40. This is for new membership only and is for the period from 1st August to 31st December 2020, so if you know anyone who would like to join U3A now is the time for them to join. The 2021 membership subscription then returns to \$40 for the year.

We have been fortunate to have received grants that have covered the costs of computers and other technical hardware, that can be utilized by our classes.

We have a volunteer cleaner who at the moment works extremely hard ensuring the Covid-19 protocols are maintained, necessitating extra expense.

A LITTLE HUMOUR

A woman ran a red traffic light and crashed into a man's car.

Both of their cars are demolished but amazingly neither of them was hurt.

After they crawled out of their cars, the woman said,

"Wow, just look at our cars! there's nothing left, but fortunately we are unhurt.

This must be a sign from God that we should meet and be friends and live together in peace for the rest of our days." The man replied, "I agree with you completely. This must be a sign from God!"

The woman continued, "And look at this, here's another miracle.

My car is completely demolished, but my bottle of 75 year old scotch didn't break.

Surely God meant for us to drink this vintage delicacy and celebrate our good fortune.

"Then she handed the bottle to the man.

The man nodded his head in agreement, opened it, drank half the bottle and then handed it back to the woman.

The woman took the bottle, immediately put the cap back on and handed it back to the man.

The man asks, "Aren't you having any?" She replies, "Nah. I think I'll just wait for the police."

Adam ate the apple, too! Men will never learn!

U3A ORAL BIOGRAPHY SESSIONS

- ◆ Members; have you had an interesting working or social life?
- ◆ Would you like to talk about the way things have been for you?
- ◆ Would you like to participate in our oral biographical sessions?

To be held at the U3A office at 2pm to 3pm. Rm D4 Churches of Christ, Ronan St Vincent. On the dates listed ➡

Wed Aug 26th	Wed 23rd sept
Wed 2nd sept	Wed 7th Oct

We will have two presenters to each speak for 20 mins followed by ten minutes of Q&A and discussion. To find out more or to express interest in presenting in one of these sessions,

please contact Christine on 0439 517 470

Interest in attending must be indicated as U3A has a Covid 19 Safety Plan and currently numbers are limited to 10 in the group room.



REPORT FROM THE GRANTS COORDINATOR:

We were successful in our submissions to The Good Things Foundation with two grants:

- 1) The Building Digital Skills Grant that will allow us to continue the Be Connected Program which empowers seniors aged over 50 to learn how to use digital devices and how to engage safely on the internet. While the computer classes will continue at the Library (once they are open for business as usual), classes will also be taken on the road to outer suburbs of Townsville and surrounding areas as far south as the Burdekin.
- 2) The Digital Devices Grant which has allowed us to purchase 10 laptops and SIM Cards to loan to members who do not have access to a digital device or the internet, so that they can learn to use digital technologies through the Be Connected Program. This will allow them to connect with services, family and friends during this period of uncertainty. We are currently rolling the devices out to members that were identified as suitable candidates, but please contact the Grants Coordinator (grantscoord@u3atownsville.com) if you would like to be considered for this program.

The Townsville City Council has finally opened their grants portal for submissions and we will be submitting a grant for support for members to access U3A Online courses and resources, as well as supporting our newsletter distribution for the rest of the year.

We are also looking at other grants to support us in the purchase of equipment to ensure our premises including classes held on/off premises are COVID safe. This will be crucial as we reintroduce classes to ensure the safety and wellbeing of all volunteers and members.

If you have an idea or need something to improve U3A Townsville, your existing group or if you would like to start a new group but need funding for equipment, etc, please send your contact details and an outline of your needs to the Grants Coordinator and we will work out how we can assist you through a grant application.

All ideas are welcome because... ***Together we can achieve great things!***

Please send all communication about grants to grantscoord@u3atownsville.com

POSITION VACANT:

At present U3A is without a secretary; is any member able and willing to take on the role? The main task for this role is ensuring the meeting minutes and agenda is up to date.



U3A TOWNSVILLE INC. – CLASS/GROUP TIMETABLE

Current as at 26.07.2020

IMPORTANT NOTICE

COVID-19 has created dramatic changes to class function and we seek your full support and co-operation as we adapt to the new environment. Our Classes/Groups are slowly returning, although some are not up and running just yet.

All of us must:

- comply with national and state public health directions;
- promote and observe the simple but effective physical distancing and hygiene measures; and
- share advice from state and federal authorities regularly

A COVID-19 Plan is in place at our Vincent office. We ask that when visiting the Vincent Campus, all members follow instructions by observing physical distancing and avoid crowding at entry and exit points, use hand sanitizer provided when entering and leaving the premises, use respiratory hygiene measures as necessary, and complete all fields on the sign-in sheet at the entry point.

Kitchen use is restricted to one person in this area at any one time. Members are encouraged to bring their own take-away beverages, flasks or travel mugs with them into the meeting spaces rather than use cutlery and crockery available in the kitchen.

At the end of each session, the Tutor/Coordinator will arrange for equipment to be cleaned down.

Please read

Class/Group numbers are restricted due to COVID-19 physical distancing requirements.

IMPORTANT: Please phone the Tutors/Coordinators to secure a space before attending.

All COVID-19 Plans that are in place at the various venues must be strictly observed.
Timetable is subject to change at short notice.

The Committee will monitor and review the implementation of the COVID-19 Plan to check its effectiveness and will seek feedback from Tutors/Coordinators on the management of the Plan.

Thank you for your resilience, patience, and understanding.

A LITTLE ABOUT FINANCE / STOCK MARKET

U3A Townsville Helps people with a wide range of interest either to learn a new skill or expand on existing skills or simply enjoy the act of sharing their experiences with others.

The opportunities are endless.

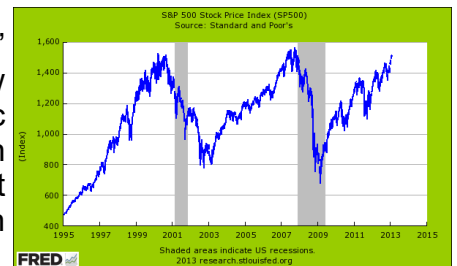
In our Finance offering we believe we can do a lot more. For example, we are looking for someone to facilitate a group on economics. If you have an interest, please approach the committee.

We have one group that is fascinated with the Stock Market. They are interested in learning the art of trading.

One of the skills that helps understand the markets is to become skilled at reading stock charts.

We all know how to read English. Many of us can read Music. Some can read other languages, but few can read Mandarin or Japanese. They look so complex. Yet every 10-year-old Japanese child can read Japanese. We all know why.

All of these written languages are simply 'symbols in a book' that have a code which follows a set of rules and if you know the rules you can read the language be the Japanese or Music or hieroglyphics. The stock market charts are the same; each line on a chart is a symbol which interpreted within a context makes sense to the person reading the chart and they can make informed decisions about their investments.



Every Monday between 12noon and 2pm our group meets to discuss the charts and learn more about how to interpret the symbols through sharing and learning from others.

If the markets have ever fascinated, you then why not join us for a few sessions and see if you like what you see.

Terry Lambrose – Finance and Investment (FIG) facilitator. Mobile 0434634822



Social Art at Thuringowa

We are looking for new members to join our social art group based at Thuringowa. There are no tutors, however we draw on each other for inspiration and we assist each other where we can.

Very little experience is needed, just a desire to paint. Between all our members, we have experience in watercolour, acrylic, oils, pastel, inks and pencils.

We meet at the Soundshell Building,

Dan Gleeson Gardens, Thuringowa on Mondays from 9:30am-2:30pm.

If you wish to have a chat about our group, please phone Gail on 0427 777 006.

Monday		
Computer. Learn to develop your computer and digital skills. 9:15am-10:15am	Gaye Higgins gayehiggins@hotmail.com 0419 732 311	Aitkenvale Library SUSPENDED UNTIL FURTHER NOTICE
Monthly Book Club , 2nd Monday 10:00am-11:00am	Jenny Marks 0407 484 240	TBA
Mah Jong 9:00am-12:00pm	Gwen Wilson 4723 7142 Resuming: 12 October 2020	Thuringowa Library
Social Art (No tutor) 9:30am-2:30pm	Primary Contact Gail Pearson 0427 777 006	Soundshell Building, Dan Gleeson Gardens
	Secondary Contact Judy Osborne 0409 764 184	
Stock Market Trading 12:00pm-2:00pm	Terry Lambrose 0434 634 822	Zoom meeting - Contact Terry for further information
Family History Group 12:45pm-2:00pm – CLASS 1 2:15pm-3:30pm – CLASS 2	Liz Scammell 0409 359 969	U3A Vincent BOOKINGS ARE ESSENTIAL
Indonesian 1:00pm-2:30pm	Val Colquhoun 0417 193 910	Aitkenvale Library
Philosophy 2:30pm-4:00pm	Jan Hynes 0419 723 640	Phone Jan for details
Tuesday		
Spanish 9:00am-11:00am	Graham Collins 4789 0590	U3A Vincent
Creative Writing 10:00am-12:00pm	Ann Krome 0400 822 973 Allan Griffiths 4774 2203	Vale Hotel, Ross River Road Motel Breakfast Room
History 2:00pm-3:30pm	Nanette Grace 4721 4484	U3A Vincent SUSPENDED UNTIL FURTHER NOTICE
Wednesday		
Canasta 9:30am-12:30pm	Bev Ponder 0413 389 534	German Australian Club Inc. 56 Ann Street, Aitkenvale
Art at Vincent (no tutor) 9:30am-12:30pm	Kate Eagling 0429 419 580	U3A Vincent
Woodwork 2:00pm-4:00pm SUSPENDED UNTIL FURTHER NOTICE	Ray Hatton 0400 840 114	Flexible Learning Centre 22-26 Ingham Road (Service Road, next to St Mary's Church)
Thursday		
Digital Photography 9:00am-11:00am	John Webster 0438 322 666 E:webj1@hotmail.com	U3A Vincent
Tai Chi	Geoff Ward	SUSPENDED UNTIL FURTHER NOTICE
Conversational French - Intermediate 11:30pm-1:00pm	Georgina Valdeter 0410 454 420	U3A Vincent
Science 2:00pm-3:00pm	Susan Dellow Text 0408 984 019 susan.dellow@bigpond.com	U3A Vincent

Friday		
Walking Group 7:00am-8:15am	Margaret Cuthbert 4779 1882	<i>Various Walking Paths Phone Margaret for details</i>
Mah Jong 9:00am-12:00pm	Gwen Wilson 4723 7142 Resuming: 2 October 2020	Thuringowa Library
<i>Computers, Tablets & Phones.</i> Learn to develop your computer and digital skills. 9:15am-12:00am	Gaye Higgins gayehiggins@hotmail.com 0419 732 311	Learn Space Thuringowa Library BOOKINGS ARE ESSENTIAL
Scrabble 10:00am-12:30pm	Kate Eagling 0429 419 580	U3A Vincent
Italian for Absolute Beginners 12:00pm-1:30pm	Trish Jordan 0408 741 347	Aitkenvale Library Meeting Room
Friday Talks (A variety of topics) 2:00pm-3:00pm	SUSPENDED UNTIL 2021	CHANGES WILL BE ADVISED BY MEMBER EMAILS AND NOTIFIED ON WEBSITE
Other		
James Cook University (various subjects)	Lori McGuire 0418 874 844 Check U3A Townsville website for further information	James Cook University

Magnetic Island		
Monday		
Monday Talks 10am-12pm	Mike Keating 0437 432 251 Liz McDine 0422 190 455	RSL, Arcadia
Stock Market Trading 12:00pm-2:00pm	Terry Lambrose 0434 634 822	Zoom meeting - Contact Terry for further information
Tuesday		
Tai Chi & Qigong 7:00am-8:00am	Peter Duckworth 4758 1981	Esplanade
Learn to Read Music 6-week course 9:00am-11:30am	Una Glavin 0403 644 341	Men's Shed Horseshoe Bay Road
Recorder Ensemble 1:30pm-3:30pm	Una Glavin 0403 644 341	Contact Una
Wednesday		
French Conversation 9:00am-11:00am	Gisela Edwards 4778 5548	Contact Gisela
U3A Singers 7:00pm-8:30pm	Tania Thoreau 4758 1981	RSL, Arcadia
Thursday		
Spanish Conversation 9:30am-11:00am	Tania Thoreau 4758 1981	8 Lilac Street
Canasta 1:00pm-3:30pm	Kaye Lambrose 0403 255 805	SUSPENDED UNTIL FURTHER NOTICE
Friday		
Tai Chi & Qigong 7:00am-8:00am	Peter Duckworth 4758 1981	Esplanade

USA WALKING GROUP – MEETS FRIDAYS 7:00AM-7:15AM – 8:15AM

PROGRAM COMMENCING 7 AUGUST 2020

CONTACT: MARGARET CUTHBERT 4779 1882

August	07	Dean Street, South Townsville	CBD
	14	End Carmody Street, Hermit Park	Bicentennial Park Circuit
	21	Rockpool	Jezzine Heights
	28	Hindley Street/Off Bayswater Rd, Currajong	Lake Circuit
September	04	Esk St, Rows Bay	Mundy Creek – Inland
	11	Palmer Street, South Townsville	Port Area
	18	Harold Street, West End	Cutheringa Park
	25	Skateway, near bridge Annandale	Fairfield Waters, downstream
October	02	Dean Street, South Townsville	South Townsville
	09	Pallarenda – far end	Towards City
	16	Palmetum carpark	Palmetum
	23	Rockpool	Strand
	30	Petunia Street, Aitkenvale Library carpark	Park area
November	06	Cook Street, North Ward	Esplanade
	13	Balls Lane, Mundingburra	Anderson Park
	30	Christmas Breakfast	

Important Notice: Walking Group

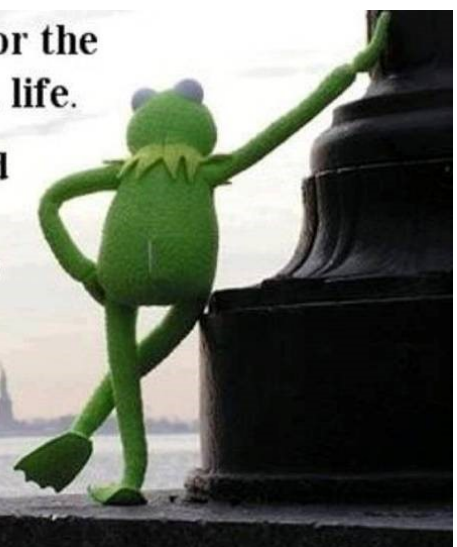


Margaret is unable to lead the group in 2021 and is looking for a member to take on this role in her place. If you have an interest in leading the group next year, please contact Margaret on 4779 1882

There's so much good in the worst of us
And so much bad in the best of us
That it ill becomes any of us
To look down upon the rest of us.

Be thankful for the
bad things in life.

For they opened
your eyes to
the good things
you weren't
paying
attention to
before!



U3A TOWNSVILLE 2020 COMMITTEE

First Name	Surname	Committee Role	Contact
Graham	Collins	IT Coordinator	admin@u3atownsville.com
Christine	Douglas	Office & Volunteer Manager	admin@u3atownsville.com
Kate	Eagling	Facilities Maintenance Coordinator	admin@u3atownsville.com
Larry	Frazer	Treasurer	treasurer@u3atownsville.com
Liz	McDine	Magnetic Island Coordinator	magneticis@u3atownsville.com
Beverley	Ponder	Events Coordinator	admin@u3atownsville.com
Lyn	Rooke	Class Coordinator	classcoord@u3atownsville.com
Jenny	Sebba	Assistant Treasurer	admin@u3atownsville.com
Vicki	Toci	Grants Coordinator	grantscoord@u3atownsville.com
John	Webster	Committee member	admin@u3atownsville.com
Alan	Williams	Vice President	admin@u3atownsville.com
Pauline	Woodbridge	President Publicity and Promotions	president@u3atownsville.com

Editor's Note;

It is great to be back albeit in an abridged way, Office hours are again 9am till noon each day; the finance group are in the office on Mondays and the office volunteers are there Tuesday to Friday. We invite you to come along and inspect our new premises, appreciating the extra space.



**Office location: Vincent Church of Christ Centre, Unit D.4
Corner of Palmerston Street and Ronan Street, Vincent.**

Open Monday – Friday: 9:00 am – 12:00 pm

P.O. Box 374, Aitkenvale QLD 4814

Telephone: (07) 4724 3530

Email: admin@u3atownsville.com

Web: u3atownsville.com