

# U3A Townsville Inc.

# City of

# NEWSLETTER JULY 2019 EDITION

Hi to all Members and Friends,

Well things seem to be popping along quite nicely now with all programs and activities well attended. The recent mid-year/"Be connected" function was well attended and every one seemed to have a great time. Many thanks to Bev's Committee for all the organization of the whole affair and all the helpers on the day. The kitchen was a beehive so thanks to Sarn, Sheila, Pam, Kay and Lori, for looking after the food and Byron for attacking that monstrous job of washing up. Members must be congratulated for the quality of the food supplied; it was delicious.

Thanks also to those that helped us setting up and clearing up, especially Alan and Graham and Terry, it makes the job so much easier. Terry managed to get a lot of members to sign up for the "Be Connected Program" and we also acquired several new members.

Thanks also to our performers, they did a great job and it was wonderful that most of them were our own members.

Thanks to Nanette who, as always, did a great job as M.C. and running the raffle drawing.

I hope I haven't missed anyone; it is really heartening to see how our people get in and help at every function it really makes the job a lot easier.

I must also thank Cr Maurie Soars for taking time out of his busy schedule to visit us and say a few words. Maurie is very supportive of many organizations and it was great to see him.

The be Connected Program is taking up a large proportion of our time but we're still behind in numbers for the program. We are getting 4TTT to run a promotion over the next few weeks that we hope will not only get us more "Be Connected" applicants from the general public but will also help brand U3A and get us some more members. Please talk to your friends and see if you can get them along.

We will be advertising for some members to help in a couple of areas where the committee is short on expertise. If you have any skills in these areas, please come and talk to me. The committee members are already stretched to their limit so the more help we can get the better the results will be for all the members.

All the best, Peter Hurst.



#### From the Watercolour Group

Four members of the watercolour group entered items into the Townsville Show this year. One of the members won a first and a third prize, the others received encouragement awards. The painter who won the prizes does not wish to be named but would like to send thanks to Heather Byrne, our teacher and friend, and to the rest of the group for their support and encouragement and for being generally wonderful people.

Pictured; members of the group at work.

#### Vale Mervin Pilcher

One of our longest-serving members, Mervin Pilcher, died Friday July 5<sup>th</sup>. Merv joined U3A in 1999 and was member number 212. He was an active member until his health forced him to take a back seat. Merv was a member of the U3A committee, and for many years kept an eagle eye on our assets as Property Officer. He was a member of the U3A walking group and, together with his wife Margrit, joined in with the other walkers as they investigated the numerous walks available around Townsville. On more than one occasion, Merv let himself be talked into dressing as Santa for the U3A Christmas functions. Many members of U3A Townsville owe their knowledge of computing to the classes



run by Merv, and many became healthier and fitter after attending his exercise classes. He will be missed by many in U3A, and especially by his partner, Thea Eastwood, to whom we send our condolences.

President and Committee of U3A Townsville. (information supplied by Graham Collins)

Tutors were invited to a B.B.Q. held at the Vincent campus on Saturday 23rd May, as a get together and to further support the Be Connected computer program, government funded, U3A is running.

This programme takes a multi-level approach. It starts with the assumption that you know nothing about computers (and you might even be afraid to touch one) and works you through at your own pace to a level that is quite comprehensive. Along the way U3A Townsville will



have a number of mentors who you can turn to when you are unsure or just stuck.. We need members to join in to ensure the grant we obtained remains with us.

There are three days you can choose from to come along for your first time.

Monday 9.00am at the Aitkenvale Library

or Tuesday 1.30pm and Friday 9.30am at the Thuringowa Library.

Other times can be arranged if needed. Just ring the office and the volunteers there will get you on your way.

Happy computing!!



Pictured at the museum is Nanette, Spud and Michelle.

The museum is open Monday to Friday 9am to 2.30pm and 1st and 3rd Sundays.

It is located at 1/27 Barbeler St. Currajong right behind the Ambulance station.

#### **U3A History Group**

On the 2nd July some members of U3A visited the Townsville History Museum. The trip was organised by the U3A History group ably led by Nanette Grace. Visiting the museum took me back to some childhood memories, as did other members of our group.

There are old medical instruments including a jar of false eyes, kitchen and laundry equipment as well as office equipment including a printing press. A pedal organ is also on display. Communication back then was a real achievement with the old party line telephone system and a short wave radio. Interestingly, according to the Museum the man whom Townsville is named after never really lived here, just stayed in the region for a short time, but ran business interests around and about town.

The <u>Creative Writing Group</u> have said a sad goodbye to two of our members, Gwen Brazier and Catherine Meers who've both moved south for family reasons. The rest of us continue to enjoy our Tuesday mornings, and not only the love and the challenge of writing on different topics each week, but also the social get-together.

Though we do not endeavour to critique or teach writing, we do set homework, and our weekly five-minute write can be quite a challenge and is an excellent learning tool.

For some years our group have donated a trophy in the literary section of the Eisteddfod and are pleased to have done so again in 2019. The love and the challenge of writing both stories and poems can start early, or not until the later years.

#### Magnetic Island U3A Report

The Island has two language conversation groups.

Experts in senior health agree that learning or practising another language is a good way to improve brain health and a recent study from Edinburgh University found that bilingualism was significant in delaying the onset of dementia.

Our advanced French conversation group is for members who are or have been French speakers and wish to revive or continue fluency in French while having fun.

Our Spanish group members have more diversity; while some members are fluent speakers the group welcomes beginners to learn Spanish in a friendly, supportive atmosphere.

If you live or are visiting the island please phone the facilitators listed on the class directory for more information.

Liz Magnetic Island co-ordinator.





The U3A **Spanish Group** is very active meeting regularly each Tuesday at 9.00am in the Vincent Village complex. The facilitator is Graham Collins who is a long time member and past President of U3A and is also a busy committee member.

In the background is a picturesque slide of life in Spain. Some of the group have been to Spain and one was born there.

Pictured at the U3A mid-year function were three past presidents with the current president.

L; to R; Alan Williams, Graham Collins (past presidents) with Peter Hurst (current president) and immediate past president Terry Lambrose.

Alan, Graham and Terry are still active committee members, working alongside Peter to maintain a strong force for you the members. Thank you guys.



A friendly REMINDER of the Seniors expo, on August 20th where we will have a display.

Always looking for volunteers for the day please let the office know. Ph; 4724 3530

Don't forget Seniors' Luncheon, August.22nd and 23rd.

# Interested in playing pétanque (/pəˈtadk, French petãk)?

If any member is interested in forming a pétanque group,
please contact the office on 4724 3530
There is a pétanque playing field in Townsville which is underutilised and would benefit from renewed community engagement.

Don't know what pétanque is? Me either, until now!

Pétanque is a bowling game which originated in France and is played by two teams. Teams are formed of one, two or three players and the object



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to get a boule (ball) as close as possible to a small wooden jack.

No special uniforms are needed, it's easy to learn, and the game can be played all year round.

And, more importantly, no special skills are needed:

just a wish to join in, make new friends, keep those muscles moving and have some fun.

For more information, check here <a href="https://www.wikihow.com/Play-Petangue">https://www.wikihow.com/Play-Petangue</a>



# MID YEAR FUNCTION

Our U3A mid year function was held on Friday 12th July with an attendance of over eighty people. Many thanks go to the organizer Bev Ponder and our MC for the day Nanette Grace. (Pictured left, Bev and Nanette.)

Thanks also go to the many and varied raffle donations received from members, always welcome Thank you. We asked you to bring a plate and a mate, with ample plates and quite a few mates. Well done.

# THE ENTERTAINMENT

Our entertainment for the day were songs of Indonesia, from the Indonesian group in Indonesian costume. The Indonesian facilitator is Eric Campbell and they meet at the Aitkenvale Library on Mondays from 1-2pm.

Joan Twine introduced a selection of songs she had penned via a video.

Georgina Valdeter our French facilitator gave an interesting demonstration of **PÉTANQUE** 

(SEE THE STORY ON PAGE 4)

LUNCH AS USUAL WAS DELICIOUS WITH PLATES SUPPLIED BY MEMBERS.



Indonesian Singers (above)

Mike *Mustang* Price (pictured right) sang and played some songs to which we were able to sing along.



Thanks to all my helpers for the smooth running of our Mid Year Function, I am proud of you all. Bev Ponder. **Start thinking of where and when we do Christmas Lunch!** 

Canasta. Usual time and place Wednesday morning. Beading. Thursday 2pm to 4pm. Phone Bev 0413389534 to reserve a place.

Social Group. Saturday mornings and Sunday afternoon. Next week some of us are going on an overnight trip south. Coming up is an outing to see "Cats" in October.

#### HELP!!!

We are cute kitties, Momma was an orphan from the Deluge, rescued, fed and loved and we surprised her by showing up, now we are looking for a kind and loving person to spoil us too, my brother and I have had our shots also microchipped. If you feel up to the job and can handle a lively kit give Bev a call on 0413389534, although she may want to keep us, we have her wound around our paws. Luv spoilt kitties.

## **U3A New Role Apppointments.**

Two of our members have stepped up to take on active roles for U3A

**Gaye Higgins** is now the **Be Connected** coordinator, with all information being compiled by Gaye. Joining the Be Connected program is easy, just phone the office as the contact point and we will connect you with Gaye who will organize a time and place for you. Thanks Gaye.

**Lynette Rooke** has commenced as our new **class co-ordinator**. This role was previously occupied by Ann Krome who stepped down after many years in the spotlight

Thank you Ann for a job well done.

## **Class Coordinator's Report**

I welcome this opportunity to introduce myself as the new Class Coordinator. I am still finding my feet and I wish to thank Christine and the Committee for making me feel so very welcome and for giving me guidance and support in the early days.

I still have to meet many of the class tutors and facilitators and I hope to get around to catching up over the coming month by popping into the classes.

I urge all members to look at the Class Timetable to check out what's on offer and to sign up for any of the classes that may interest you. New classes are added from time to time, so make it a point to look at the website on a regular basis.

My sincere appreciation is extended to everyone for your generous help to date.

Lynette Rooke

# Magnetic Island U3A Monday Talks Term 3 2019

| 17 <sup>th</sup> July               | Prue Smith   | Travelling Around     | Prue will show her stunning photos      |  |
|-------------------------------------|--|-----------------------|---|--|
|                                     |  | Ethiopia              | and share the stories from her travels. |  |
| 24 <sup>th</sup> June               | Brian Furby  | Bush Poetry 2         | Brian will read his published poems     |  |
| 1 <sup>st</sup> and 8 <sup>th</sup> | 1 <sup>st</sup> and 8 <sup>th</sup> July School Holidays |                       |   |  |
|                                     |  |                       | Murray will talk about what our islands |  |
| 15 <sup>th</sup> July               | Murray   | About Magnetic        | do and how we can prepare for ex-       |  |
|                                     | Withers  | Island SES            | treme weather events.                   |  |
| 22 <sup>nd</sup> July               | Eileen Parisi  | Dementia Australia    | Eileen is the Community Development     |  |
|                                     |  |                       | Officer for Dementia Australia          |  |
| 29 <sup>th</sup> July               | Zanita Da-   | Stories of Magnetic   | Zanita is the President of Magnetic     |  |
|                                     | vies   | Island families       | Island History and Craft Centre.        |  |
|                                     |  |                       | We welcome Val who has recently         |  |
| 5 <sup>th</sup> August              | Val Osbourn  | Archeology 1          | joined our group from Sarina, where     |  |
|                                     |  |                       | he has been extensively involved in     |  |
|                                     |  |                       | community education.                    |  |
| 12 <sup>th</sup> Aug                | Val Osbourn  | Archeology 2          |   |  |
| 19 <sup>th</sup> Aug                | Val Osbourn  | Archeology 3          |   |  |
| 26 <sup>th</sup> Aug                | Val Osbourn  | Archeology 4          |   |  |
| 2 <sup>nd</sup> Sept                | 9 <sup>th</sup> Sept                                     | 16 <sup>th</sup> Sept | No talks as at date of publication      |  |

# U3A Walking Group Timetable for August to November 2019 Day Friday Time 7.00am for 7.15am - 8.15am walk

Contact: Margaret on 4779 1882 Come join us!

| Date      | Meet                                       | Walk                           | Date         | Meet                                      | Walk                  |
|-----------|--|--------------------------------|--------------|---|-----------------------|
| Aug 2nd   | Tobruk Pool, The<br>Strand North Ward      | Ephemera                       | Sept<br>27th | Petunia St. Aitkenvale<br>Library Carpark | Aitkenvale<br>Area    |
| Aug 9th   | Murray Lyons Cr An-<br>nandale Skate Park  | Fairfield Waters<br>Down River | Oct 4th      | Weir School                               | River Circuit         |
| Aug 16    | Morinda Dr, Kirwan<br>College Carpark      | Willows Gar-<br>dens           | Oct 11th     | O'Reilly St Mundingburra<br>Cnr Burt St . | Annandale<br>Upstream |
| Aug 23rd  | Cricket Club Rooms<br>Harold St. West End  | Cutheringa Park<br>Area        | Oct 18th     | End Carmody St. Hermot<br>Park            | Bicentennial<br>Park  |
| Aug 30th  | Hindley St, Currajong<br>Cnr, Bayswater Rd | Lakes Circuit                  | Oct 25th     | Cnr Cook St. & Espla-<br>nade             | Jezzine Park          |
| Sept 6th  | Weir School                                | Down Stream                    | Nov 1st      | To Be Decided                             |                       |
| Sept 13th | O'Reilly St.& Burt St.<br>Mundingburra     | Annandale<br>Down Stream       | Nov 8th      | Palmetum Car Park                         | Palmetum              |
| Sept 20th | Cape Pallarenda                            |                                | Nov 15th     | Breakfast                                 |                       |

Come and join us, get some fresh air, exercise and explore Townsville. We walk at a pleasant pace that allows for chatting or stopping to see wildlife. The itinerary above gives you an idea of where we go. Mostly on walking paths. This is a very friendly social group.

Many of the walkers regularly adjourn to a coffee shop afterwards.

| Magnetic Island                               |   |                                       |  |  |
|---|---|---------------------------------------|--|--|
| Monday  |   |                                       |  |  |
| Monday Talks 10am-12pm                        | Mike Keating 0437 432 251                   | RSL, Arcadia                          |  |  |
| Finance and Investment<br>Group 7:00pm-9:00pm | Terry Lambrose 0434 634 822                 | Contact Terry for further information |  |  |
| Tuesday                                       |   |                                       |  |  |
| Tai Chi 7:00am-8:00am                         | Peter Duckworth, Tania Thoreau<br>4758 1981 | Esplanade                             |  |  |
| Recorder Ensemble<br>1:30pm-3:30pm            | Ros Burry 4778 5082                         | 14 Bottinger Street                   |  |  |
| Wednesday                                     |   |                                       |  |  |
| French Conversation<br>9:30am-11:00am         | Gisela Edwards 4778 5548                    | Tamarind Tree Cafe                    |  |  |
| U3A Singers<br>7:00pm-8:30pm                  | Marilyn Sheather 4778 5918                  | RSL, Arcadia                          |  |  |
| Thursday                                      |   |                                       |  |  |
| Spanish 9:30am-11:00am                        | Tania Thoreau 4758 1981                     | 8 Lilac Street                        |  |  |
| Canasta 1:00pm-3:30pm                         | Kaye Lambrose 0403 255 805                  | Golf Club                             |  |  |
| Friday  |   |                                       |  |  |
| Tai chi – Yang 7:00am-8:00am                  | Peter Duckworth 4758 1981                   | Esplanade                             |  |  |
| Other (By appointment)                        |   |                                       |  |  |
| Computer, Basic                               | Terry Lambrose 0434 634 822                 | Phone Terry to book                   |  |  |

# U3A TOWNSVILLE CLASS TIMETABLE Current as at 19/07/2019

| Monday                            |                               |                                   |
|-----------------------------------|-------------------------------|-----------------------------------|
| Computer, Basic                   | Christine Douglas             | Aitkenvale Library                |
| 9:15am                            | Lori McGuire                  | Phone office to book              |
| 01104                             |                               | Thomas amos to book               |
| Book Club, 2 <sup>nd</sup> Mon of | Jenny Marks 0407 484 240      | Aitkenvale Library Foyer          |
| month 9:00am-10:00am              | definity marks 0407 404 240   | Anticonvale Elbrary Foyer         |
| Exercise Class                    | Thea Eastwood 0407 961 623    | Health Studio,                    |
| 9:00am-10:00am                    | l lilea Lastwood 0407 901 023 | Hyde Park Centre                  |
|                                   | Gwen Wilson 4723 7142         | Thuringowa Library                |
| Mah Jong 9:00am– noon             | Gweir Wilson 4723 7 142       | ,                                 |
| Social Art (No tutor)             | Patricia Jones 0409 413 234   | Soundshell Building,              |
| 10:00am-5:00pm                    | Judy Osborne 0409 764 184     | Dan Gleeson Gardens               |
| Finance & Investment              | Terry Lambrose 0434 634       | U3A Vincent                       |
| Group 12:00pm-2:00pm              | 822                           |                                   |
| Indonesian                        | Eric Campbell 4779 8947       | Aitkenvale Library                |
| 1:00pm-2:00pm                     | -                             | -                                 |
| Tai Chi (Interim Arrange-         | Lori McGuire                  | Church of Christ Hall, Vin-       |
| ments)                            | ailsacraig33@gmail.com        | cent Cnr Fulham Road &            |
| 1:00pm-2:30pm                     |                               | Palmerston St                     |
| Philosophy                        | Jan Hynes 0419 723 640        | Aitkenvale Library                |
| 2:30pm-4:00pm                     |                               |                                   |
| Tuesday                           |                               |                                   |
| Spanish, Self-Help                | Graham Collins 4789 0590      | U3A Vincent                       |
| 9:00am-10:20am                    |                               | OSA VIIICEIII                     |
| Creative Writing                  | Valda Spence 4723 6083        | Vale Hotel, Ross River            |
| 10:00am-12:00pm                   | Ann Krome 0400 822 973        | Road                              |
| 10.00am-12.00pm                   | Aim Riome 0400 622 973        | Motel Breakfast Room              |
| Computer Pagis                    | Mouroon Wright 0409 572       |                                   |
| Computer, Basic<br>1:15pm-2:30pm  | Maureen Wright 0498 572 717   | Learn Space<br>Thuringowa Library |
| 1.19piii-2.30piii                 | Phone to book                 | Thurmgowa Library                 |
| Lietom                            | Nanette Grace 4721 4484       | U3A Vincent                       |
| History                           | Namette Grace 4721 4464       | USA VIIICEIII                     |
| 2:00pm-3:30pm                     |                               |                                   |
| Wednesday                         |                               |                                   |
| Exercise Class                    | Viv Watkins 4773 5287         | Health Studio                     |
| 9:00am-10:00am                    |                               | Hyde Park Centre                  |
| Canasta                           | Bev Ponder 0413 389 534       | German-Australian Club            |
| 9:30am-12:30pm                    |                               | 56 Ann Street, Aitkenvale         |
| Art Class 9:30am-12:30pm          | Heather 0408 737 021          | U3A Vincent                       |
| Class Full, Waiting List          | Irene 0417 639 795            | Please call office                |
| only                              |                               |                                   |
| Woodwork                          | Ray Hatton 0400 840 114       | Flexible Learning Centre          |
| 2:00pm-4:00pm                     |                               | 22-26 Ingham Road (Service        |
| Thursday                          |                               | Road, next to St Mary's Church)   |
|                                   |                               |                                   |
| Art (Watercolour, Acrylic         | Jan Fels 0490 014 373         | CWA Hall 36 Latchford             |
| and Oil Painting)                 | Kathleen Feaver 4779 1252     | Street, Pimlico                   |
| 9:00am-12:00pm                    |                               |                                   |
| Photography, Basic Tech-          | Interim Contact:              | U3A Vincent                       |
| niques 9:30am-11:30am             | John Webster 0438 322 666     |                                   |
| French, Conversational            | Georgina Valdeter 0410 454    | U3A Vincent                       |
| 12:00pm-1:30pm                    | 420                           |                                   |
| Science                           | Phone Office for contact de-  | U3A Vincent                       |
| 2:00pm-3:00pm                     | tails                         |                                   |
| Beading                           | Bev Ponder 0413 389 534       | Phone Bev to Book                 |
| 2:00pm-4:00pm                     |                               |                                   |

| Friday   |   |                                      |  |  |
|--|---|--------------------------------------|--|--|
| Walking<br>7:00am-8:45am                         | Margaret Cuthbert 4779 1882   | Phone Margaret for de-<br>tails      |  |  |
| Exercise Class<br>9:00am-10:00am                 | Val Grogan 4723 5432  | Health Studio<br>Hyde Park Centre    |  |  |
| Mah Jong<br>9:00am-12:00pm                       | Gwen Wilson 4723 7142   | Thuringowa Library                   |  |  |
| Computer, Basic<br>9:30am                        | Gaye Higgins  | Learn Space<br>Thuringowa Library    |  |  |
| Scrabble<br>10:00am-12:30pm                      | Kate Eagling 0429 419 580   | U3A Vincent                          |  |  |
| Friday Talks (A variety of topics) 2:00pm-3:00pm | Check member emails or website for details                            | Aitkenvale Library Meet-<br>ing Room |  |  |
| Saturday   |   |                                      |  |  |
| Exercise Class<br>9:00am-10:00am                 | Jenny Nyambane 4725 0434  | Health Studio, Hyde Park<br>Centre   |  |  |
| Social Group<br>10:30am                          | Bev Ponder 0413 389 534   | Phone Bev for details                |  |  |
| Sunday   |   |                                      |  |  |
| Social Games<br>1:30pm-4:00pm                    | Bev Ponder 0413 389 534   | Phone Bev for details                |  |  |
| Other  |   |                                      |  |  |
| James Cook University (various subjects)         | Lori McGuire 0418 874 844<br>Check U3A website for fur-<br>ther info. | James Cook University                |  |  |
| Gardening in the Dry<br>Tropics                  | Maureen Wright 0498 572<br>717  | Various locations                    |  |  |
| Excursions, Events                               | Emails sent to members  |                                      |  |  |

# Do you have an artistic flair?

Or, are you like a lot of us, and believe you have no aptitude for anything creative?

Take up the artistic challenge NOW!

If you would like to try your hand at some form of craftwork such as mosaics, embroidery, crewel embroidery, knitting, crochet, cross-stitch, tatting, appliqué and quilting,

floral design, and ikebana, amongst many others, let us know.

Also, if you have expertise in some form of craft or crafts and wish to pass on your knowledge to others and become a U3A volunteer tutor, we would love to hear from you.

We wish to get additional craftwork classes started and need your input (either as student or tutor), so please get in touch. Ph the office 4724 3530

# 2019 Committee members

| Position                        | Name              | Email address                  |
|---------------------------------|-------------------|--------------------------------|
| President                       | Peter Hurst       | rpeterhurst@gmail.com          |
| Treasurer                       | Raewyn Mannix     | rmannix@bigpond.net.au         |
| Secretary                       | Larry Frazer      | patriciafrazer@optusnet.com,au |
| News Editor, and Office Manager | Christine Douglas | cjdouglas11@bigpond.com        |
| Magnetic Island Co-ordinator    | Liz McDine        | Liz_mcd@live.co.uk             |
| Grants Co-ordinator             | Currently vacant  |                                |
| Committee                       | Alan Williams     | alanlois@ozemail.com.au        |
| Committee                       | Jenny Sebba       | jsebba@netspace.net.au         |
| Committee                       | Graham Collins    | grahamc@internode.on.net       |
| Committee                       | Bev Ponder        | bev.ponder1@gmail.com          |
| Committee                       | Terry Lambrose    | tjlambrose@gmail.com           |
| Committee                       | Kate Eagling      | Kate.eagling@gmail.com         |
| Class Co-ordinator              | Lynette Rooke     | lynetterooke@bigpond.com       |

IS PUBLICITY OR WEB PAGE DESIGN YOUR THING?

U3A IS SEEKING THE SERVICES OF TWO MEMBERS

WHO MAY HAVE EXPERIENCE IN

PUBLICITY AND/OR WEB DESIGN IS THIS YOU?

IF INTERESTED PLEASE CALL 47243530

Contact Details for the office are: PO Box 374, Aitkenvale QLD 4810 PH; (07) 4724 3530

Email; u3atownsville@westnet.com

New Website; http://u3atownsville.com

Memberships; January to December.

Please visit the website

https://u3atownsville.com/join-us

\_for 2019 membership form
Email u3atownsville@westnet.com.au /or
phone the office 4724 3530
for banking details

Your next newsletter date will be November 2019 Please keep your stories rolling in.

I enjoy reading them as do members, Pictures are most welcome Thanks Christine