

U3A Townsville Inc.

NEWSLETTER APRIL 2019 EDITION

Welcome to our new President Peter Hurst

Who is Peter Hurst?

Firstly, above everything else,

I'd have to call myself a family man.

With four kids, twelve grand- children

and two great- grand- children, it would seem,

with a family of that magnitude, I probably wouldn't have had much time for anything else. But over my many years, I have been Secretary and President of several organizations, and none of them have been easy, so I'm hoping the members of U3A Townsville will take pity on a poor old guy and help him out with this job.

I started out my working career as an Electrician here in Townsville, where I met my wonderful wife, Lori, and after we were married, we moved to fine and sunny Melbourne. Here, I took up another career in Industrial engineering. I also worked in Mt Isa,

After seven years there and two more kids we decided Townsville was the place to be when our kids were growing up. Unable to get a job in my current career, we bought a general store and went into the madness of working fifteen hours a day, seven days a week. We owned and operated five different businesses over the next thirteen years and when a job came up in Method Engineering, I handed my Electrical Contracting business over to my second son, who had done his apprenticeship with me, and I started working for a boss again. I worked in the Manufacturing Office at ARC and ended up with so many hats, there weren't enough pegs to hang them all on. During a restructuring process, I thought they had finally all caught up with me.

I took another Job at Amcor, just down the road, where I was employed as the Production Planner. Things went great for several years until another restructuring process, found me I n the H R department doing OH&S, Q.A., Training and all sorts of other interesting projects. I did a Management degree specializing in H.R. through USQ. After several disagreements with a new General Manager at Amcor I found myself redundant and out of work. Shortly after I was employed by Sun Metals as Construction Safety Officer during the construction of their Zinc Refinery at Stuart.

Three years later I was employed as a relief OH&S Officer for Q-Build for twelve months before retiring to build my house at Alligator creek, which I still haven't quite finished. And a little bit of pressure is coming my way in recent months to get it finished.

I also managed to squeeze in seven years working as a mentor for JCU Vet science students in personal and professional development. Over the past ten years or so I have been working on a novel set in North Qld and I've had a few short stories published. Last year I ran a memoir writing workshop and a novel writing course for U3A.

I don't know what this all has to do with being President of U3A, but it probably represents who I am. I'm a people person, and a high extrovert, which means I talk a lot. And you know what they say about extreme extroverts, "*If they stop talking for a minute, they might even have a good idea.*" So, I'm sure going to need a lot of help. <u>Regards, PETER HURST.</u>







AGM

Our Annual General Meeting was held on

Friday 15th March at the Oonoonba Community Centre, at 11am.

Prior to the meeting members who attended were treated to an Indonesian song, sung by Ewe Chewng Khoo and poetry by Ann Krome and Joan Twine who had us in fits of laughter.

The meeting was then conducted by Terry Lambrose which resulted in most positions being filled,

However we need a minutes taker, an events co-ordinator and two or three people to organise the class timetables. If you feel you would like to put your hand up for one of these "JOBS" please contact the office.

Following the procedures we all joined in for a chat and a delicious luncheon supplied by the members.



Out going President Terry Lambrose congratulating Peter Hurst on his appointment as U3A president for 2019

THANK YOU TERRY LAMBROSE

Thank you so much for all your enthusiasm throughout the last two years. You really have been an inspiration and have helped gain many members.

There are so many older citizens who have contributed so much in their younger working years. Then in later life they lead such lonely lives.

So thank your for helping to bring so many of these people back into the community

Regards Colleen Fowden

Terry continues with U3a being involved with the Finance group, the Be Connected computer program, Magnetic island and as the immediate past president, advisor to our new President Peter, should the need arise.,

<u>A SENTIMENT HELD BY MANY</u> <u>THANKS TERRY</u>

Alan Williams (pictured right) had the task of signing everyone into the AGM. Alan is a mentor for the Be Connected program, he also steps in when the secretary is away and organises the wrapping and posting the newsletters to those who do not have email.

Alan is a very conscientious member quietly working the background to ensure things get done. Alan and all the behind the scenes workers are to be congratulated on a job well done.

THANK YOU GUYS WHOEVER YOU ARE!!



Stay in touch and

BE CONNECTED

Contact family/ friends

BE CONNECTED is a program that assists the senior person to learn how to communicate via your computer, tablet or smart phone.

You already may own one of these but throw your hands in the air as to how they work.

Well we can show you how!!!

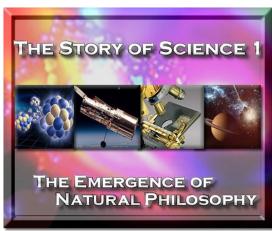
U3A is running the $B\!E$ CONNECTED program and invite you to join

up, the course itself is free and anyone can sign up, <u>however</u> as a current member of U3A we offer a mentoring service that keeps you in touch with a computer literate person who can guide you on your way.

It works like this; you join in a class and attend two or three sessions then you continue at your own pace at home, if you have problems your mentor is on the end of your phone to get you over the hurdle you are stuck on.

Of course you are still welcome to attend the sessions.

Joining is simple just contact the office on (07) 4724 3530 and our friendly office ladies will explain the process.



Over the next couple of months U3A Townsville

is conducting a lecture/study group on the

'Story of Science'

Time: Thursday Afternoons 2pm to 3pm

Place: U3A Vincent Campus

This course is the first in a series of courses that trace the story of the body of knowledge that we call science, from early man through to the develop-

ments in the early 2000s.

The story is told in four phases. This is the first and focuses on the contributions made by early man up to and around 600 BCE.

Each week you will be given the basic information relating to the discussion for the following week. This will help you contribute to the discussions.

Please join with us:

'discover how your world was discovered'.



PICS OF SOME OF THE AGM ATTENDEES.



Kelly Trueman is one of the group who sends out details of the Friday talks, again being held at the Aitkenvale Library and Kate Eagling who is the with the Sunday games group.



A little snap of Maggie Island



Gwen and Robyn were at the Mah-Jong table

Hello from Magnetic Island

2019 has seen a return to activities for our seven groups and currently two new classes have begun with a third one due to start shortly.

Our Monday Talks are always looked forward to. We have enjoyed some varied and interesting topics this term, including rocket science, artificial intelligence, how to get the most out of your plane bookings and Pablo Neruda's poetry.

Monthly pottery sessions are underway for four months. Our first task was making an elephant, which was a delightful surprise.

Canasta has commenced in the Golf Club on a Thursday afternoon and hopefully a financial and investment group will start next term.

To find out what is happening on Magnetic Island, including information on U3A classes go to

whatsonmagneticisland.com.au Liz McDine



Pictured above is Liz McDine (left) who is the new Coordinator of Magnetic Island and Raewyn Mannix (right) who is our 2019 Treasurer.



Immediate Past President Terry Lambrose "hamming it up" with JCU coordinator Laurie Laurie is our liaison officer for JCU and organises your attendance at lectures on campus. More information is available at the website address below

U3A stands for the University of the Third Age, which is the age of active retirement, following the age of youth and work and home making. University is a loose term – there are no academic requirements for membership and no exams, just opportunities to keep learning. Learning could be either informal through U3A classes, or more formalised through attending lectures at James Cook University.

U3A is a worldwide self-help organisation promoting learning for personal enjoyment and wellbeing. New and interesting learning keeps the brain active, whilst providing opportunities to do interesting things.

U3A is making a very substantial contribution to society by helping its members to remain healthy and active for longer.

Ann Krome and Joan Twine Poets they are Poets they be Giving out laughs for our company





Anne Atkinson volunteered to man the information table

Our sympathy and support goes to the many of our U3A members who were impacted by the recent floods,

Kate Eagling was one who was flooded but Kate, as usual took it all in her exuberant style.

Donning wellies and hat, with broom in hand tackled the job.

Kate is another of our backroom volunteers cleaning the office and meeting room on a regular weekly basis as well as helping out where needed.





Ooh La La Georgina (French Tutor), is with Pat and Maureen from the French Connection



Eric Campbell who is the Indonesian tutor is with Ewe Cheng Khoo, a student in the class and a good singer.



Ann Krome and Kate Eagling from the Creative writers group. This group keep busy



Jenny Sebba continues as a committee member after being involved with the finance and the web site group. Another tireless worker who is having a well earned rest.

CLASS TIMETABLE CO-ORDINATOR

Are you an organized person. ??

We need someone to keep the timetable up to date.

You would adjust any details that deal with the timetable and advise

the office and the web team of any and all changes

If you are up for a challenge please contact the office. 4724 3530

Walking Group Timetable for April to Aug 2019

Day Friday; time 7.00am for 7.15 to 8.15am Contact Margaret Cuthbert to Check any changes 4779 1882.

Date	Meet	Walk	Date	Meet	Walk
April 26th	Weir School carpark, Kimball St Aitkenvale	Kimball St Aitken- vale	June 21st		Soropotomist Park, Foreshore
May 3rd	Balls lane Mundingburra		June 28th	Esk street Rose Bay	Mundy Creek
May 10th	Paxton St. North Ward Queens Gardens gate	North Ward	July 5th	O'Reilly St Mundingburra Cnr Burt St .	Downstream Sher- iff park
May 17th	Tyack St. Rosslea Near Viles St. map 14 N10	Around Golf Club boundary	July 12th	Dean St Townsville	CBD
May 24th	Paxton St. North Ward Queens Gardens gate	Queens garden	July 19th	Paxton St. North Ward Queens Gardens gate	North Ward
May 31st	Tobruk Pool, The Strand, North ward	Jupiter's and An- zac Park	July 26th	The Rockpool North ward	Ephemera
June 7th	The Rockpool North ward	Jezzine (heights)	Aug 2nd	Tobruk Pool, The Strand, North ward	Ephemera
June 14th	Dean Car park; S Tsv. Rooney St. end	Sth Townville	Aug 9th	Esk street Rose Bay	Mundy Creek

Come join us, get some fresh air, exercise and explore Townsville. We walk at a pleasant pace that allows for chatting and stopping to explore the flora and fauna. The itinerary above gives you the idea of where we walk, mostly on walking paths. This is a very social group; many of the walkers adjourn to a coffee shop afterwards.

CLASS TIMETABLE U3A TOWNSVILLE

MONDAY		
Book Club monthly	Jenny Marks 0407 484 240	Aitkenvale Library foyer
9.00 – 10.00 2 nd Mon		
Exercise Class 9.00 – 10.00	Thea Eastwood 0407 961 623	Health Studio,
		Hyde Park Centre.
Mah Jong 9.00 – 12.00	Gwen Wilson 4723 7142	Thuringowa Library
Casial Art (na tutar)	Patricia Jones 0409 413 234	Soundshall Building
Social Art (no tutor)	Judy Osborne 0409 764 184	Soundshell Building in Dan Gleeson Gardens
10.00 – 5.00	Judy Osbolile 0403 704 184	In Dan Gleeson Gardens
Finance & Investment Group 12.00 – 2.00	Terry Lambrose 0434 634 822	U3A Vincent
Indonesian 1.00 – 2.00	Eric Campbell 4779 8947	Aitkenvale Library
Philosophy 2.30 – 4.00	Jan Hynes 0419 723 640	Aitkenvale Library
Photography – Advanced	Roland Lange text 0426 737 692	U3A Vincent
2.00-4.00		
TUESDAY		
Self-help Spanish 9 – 10.20	Graham Collins 4789 0590	U3A Vincent
Creative Writing	Valda Spencer 4723 6083	Vale Hotel – motel breakfast
10.00 - 12.00	Ann Krome 0400 822 973	room Aitkenvale
Computers 1.15 – 2.30	Maureen Wright 0498 572 717	Learn Space
Phone to book		Thuringowa Library
History 2.00 – 3.30	Nanette Grace 4721 4484	U3A Vincent
WEDNESDAY		
Exercise Class	Viv Watkins 4773 5287	Health Studio
9.00 - 10.00		Hyde Park Centre
Canasta 9.30 – 12.30	Bev Ponder 0413 389 534	German-Australian Club
		56 Ann St, Aitkenvale
Art Class 10.00 – 12.00	Heather 0408 737 021	U3A Vincent Class full.
	Irene 0417 639 795	Waiting list only – please call
		office
Woodwork 2.00 – 4.00	Ray Hatton 0400 840 114 service road,	Flexible Learning Centre
	next to old St Mary's church	22-26 Ingham Rd
THURSDAY		
Art 9.00 – 12.00 watercolour,	Jan Fels 0490 014 373	CWA Hall
acrylic & oil painting	Kathleen Feaver 4779 1252	36 Latchford St Pimlico
Photography –9 .30 – 11.30	Roland Lange text 0426 737 692	U3A Vincent
Basic Techniques		
Conversational French	Georgina Valdeter 0410 454 420 begin-	U3A Vincent
12.00 - 1.30	ners and continuing	
Science for Seniors	Terry Lambrose 0434 634 822	U3A Vincent
2.00 – 3.00 pm	Phone for current program	
Beading 2.00 – 4.00	Bev Ponder 0413 389 534	Phone Bev to book

FRIDAY			
Walking 7.00am – 8.45	Margaret Cuthbert 4779 1882	Phone Margaret	
Exercise Class 9.00 – 10.00	Val Grogan 4723 5432	Health Studio, Hyde Park Centre	
Mah Jong 9.00 – 12.00	Gwen Wilson 4723 7142	Thuringowa Library	
Scrabble 10.00 – 12.00	Kate Eagling 0429 419 580	U3A Vincent	
Friday Talk 2.00 – 3.00	See website or your email for talk title	Aitkenvale Library meeting room	
A variety of subjects			
SATURDAY			
Exercise Class	Jenny Nyambane 4725 0434	Health Studio, Hyde Park Centre, 17	
9.00 - 10.00		Woolcock St	
Social Group 10.30	Bev Ponder 0413 389 534	Phone Bev 0413 389 534	
SUNDAY			
Social Games 1.30 – 4.00	Bev Ponder 0413 389 534	Phone Bev 0413 389 534	
VARIOUS DAYS			
James Cook University	ames Cook University Lori McGuire 0418 874 844		
many subjects, audit only	Visit u3a Townsville.com JCU		
Gardening in the Dry Tropics	Maureen Wright 0498 572 717	Various locations	
Fishing Group Meetings depend on weather and tide	New facilitator wanted	Various locations	
Excursions, Events	Emails sent to members		

MAGNETIC ISLAND

MONDAY			
Monday Talks 10.00 – 1200	Mike Keating 0437432251	RSL	
Starts 29 April	Liz McDine 0422190455		
Finance and Investment Group	Terry Lambrose 0434634822	Contact Terry for venue	
7 -9pm Starts 29 April			
TUESDAY			
Tai chi 7-8am	Peter Duckworth 4758 1981 Tania Thoreau	Esplanade	
Recorder Ensemble	Ros Burry 4778 5082	14 Bottinger Street	
1.30-3.30pm Starts 30 April			
WEDNESDAY			
French conversation	Gisela Edwards 4778 5548	Tamarind Tree Cafe	
9.30-11am			
U3A singers 7- 8.30pm	Marilyn Sheather 47785918		
Starts 1 May	Tania Thoreau		
THURSDAY			
Spanish 9.30-11am	Tania Thoreau 4758 1981	8 Lilac Street	
Canasta 1.00 – 3.30pm	Kaye Lambrose 0403 255 805	Golf Club	
FRIDAY			
Tai chi-yang 7-8am	Peter Duckworth 4758 1981	Esplanade	
Pottery 10am-12 3 rd May and 7 th June only	Stella Thompson-Wheway 0499077510	Contact Stella for venue	

2019 Committee members

Position	Name	Email address
President	Peter Hurst	rpeterhurst@gmail.com
Treasurer	Raewyn Mannix	rmannix@bigpond.net.au
Secretary	Larry Frazer	patriciafrazer@optusnet.com,au
News Editor,		
and Office Manager	Christine Douglas	cjdouglas11@bigpond.com
Magnetic Island Co-ordinator	Liz McDine	Liz_mcd@live.co.uk
Grants Co-ordinator	Currently vacant	
Committee	Alan Williams	alanlois@ozemail.com.au
Committee	Jenny Sebba	jsebba@netspace.net.au
Committee	Graham Collins	grahamc@internode.on.net
Committee	Bev Ponder	bev.ponder1@gmail.com
Committee	Terry Lambrose	tjlambrose@gmail.com
Committee	Kate Eagling	Kate.eagling@gmail.com

Contact Details for the office are:

PO Box 374, Aitkenvale QLD 4810

PH; (07) 4724 3530

Email; u3atownsville@westnet.com

New Website; http://u3atownsville.com

Reminder for Memberships; the year is from January to December.

Please visit the website <u>https://u3atownsville.com/join-us/</u> for 2019 membership form Email <u>u3atownsville@westnet.com.au /</u>or phone the office 4724 3530 for banking details

<u>U3A Townsville Office.</u>

Our office is now manned Monday to Friday 9am till noon.

The committee occupy the office Mondays and our capable volunteers are there Tuesday to Fridays to answer queries, accept membership fees and any other way we may be of assistance.

> The office is situated behind the Church of Christ, Fulham Road Vincent. Entrance via Ronan Street

Your next newsletter date will be July 2019 Please keep your stories rolling in.

I enjoy reading them as do members, Pictures are most welcome Thanks Christine