



U3A Townsville Inc.

SUPPORTED BY



NEWSLETTER APRIL 2022

U3A newsletter April 2022

Last month our branch held the Annual General Meeting. It was well supported by members and the legal requirements were covered and approved. We have a committee with lots of experience to steer the branch for another year. The Covid regulations meant we had to be cautious with our group gatherings, so it was nice to see members in person and without masks.

It is still important to have safety as our focus. Our designated Covid monitor Liz McDine co-ordinator of the Magnetic Island group, has checked the latest Covid information and has updated our Covid 19 Plan. The plan will be available on the website. Liz continues to monitor the regulations so we are up to date and informed as things change.

Some classes will continue over the school holidays and others will observe term times resuming after the holidays. Class members may contact their Tutor, the admin office or the Class coordinator Antonia for information.

Our long term and highly skilled Website manager Lorraine Heilbronn made the decision to move on to other activities. We really appreciate the commitment Lorraine demonstrated over some time. There is loads of background computer activity needed to keep the website assessable and current. Lorraine also contributed her knowledge in other U3A settings. We thank her for her volunteering and wish her well.

Christine Titmus a new volunteer with considerable computer and website skills, has agreed to take on the role of Computer tutor and the website.

There are many tasks required by a not-for-profit organisation and we are constantly fortunate to have voluntary members who say, "yes I can do that".

In appreciation Pauline Woodbridge OAM President

U3A COMMITTEE

Our committee is on the lookout for a maintenance person and another committee member, so if you would like to become involved in our committee please ring the office 4724 3530



U3A AGM FOR 2021 / 2022

Several members of U3A attended the AGM held at the seniors Centre at Belgian gardens on Friday the 11th of March at 10.am. Only one new member was elected, that of the Class Coordinator who has been doing the job for the last three months. All remaining committee members are the same.

The full list of committee members is published below as well as on the website at www.u3atownsville.com. You are encouraged to visit the website keeping you up to date with all that happens at U3A Townsville..

First Name	Surname	Committee Role	Email
Pauline	Woodbridge	President Publicity and Promotions	president@u3atownsville.com
Alan	Williams	Vice President	admin@u3atownsville.com
Lorraine	Ryrie	Secretary	admin@u3atownsville.com
Larry	Frazer	Treasurer	admin@u3atownsville.com
Jenny	Sebba	Assistant Treasurer	admin@u3atownsville.com
Liz	McDine	Magnetic Island Co-Ordinator	magneticis@u3atownsville.com
Christine	Douglas	Office Manager / Newsletter Editor	admin@u3atownsville.com
Graham	Collins	IT Co-Ordinator	admin@u3atownsville.com
Antonia	Gerrard	Class Coordinator	classcoord@u3atownsville.com
John	Webster	Committee member	admin@u3atownsville.com
Will	Horsfall	Committee member	admin@u3atownsville.com

SHAKESPEARE;

“The fool doth think he is wise, but the wise man knows himself to be a fool.”

A bulk email was sent out in March re an interest in the study of Shakespeare. We had one reply at that time, however we thought that to re advertise this subject may attract a few more replies. If you are interested replies need to be sent to the office by the end of May. We do not at this time have a tutor but the suggestion is that those attending would support each other

U3A GENERAL INFORMATION MESSAGE

All members, including Tutors, Facilitators, Committee members, and Administration staff are U3A volunteers. These members ***do not receive any monetary payment from U3A Townsville***. They volunteer their time for the good of U3A Townsville. There would be no classes being run, or any office administration being carried out, without these volunteers. U3A Townsville in effect, would not be able to function.

Attendees complete Attendance Sheets for each a class so that they are covered by U3A Townsville's Public Liability Insurance should an injury be sustained whilst attending the Class. Attendance Sheets ensure that current Financial members are attending the Class. Receipt Numbers are scrutinised to ensure they are for the current calendar year.

It is a requirement that all members complete this form to ensure good governance is maintained and that U3A Townsville is meeting its legal obligations in this period of change.

Larry Frazer
Treasurer U3A Townsville Inc.

U3A BOOK CLUB

For many of our U3A book club members, one of the most appealing aspects of being in a book club, is the opportunity for lively discussions about themes and subjects that are relevant to real life. Books ask us to contemplate what is important to us and think critically about how we live in the world and relate to others. They often require us to evaluate our beliefs and enhance our empathy."



Book Club meets monthly at the Flinders St library to discuss our book of the month. The library provides a list of books at the end of each year and we choose 10-12 books we can read throughout the year. There are also Discussion Notes and Questions provided with each book.

Currently we have our full quota of 14 - we receive only 12 copies of each book, monthly and 14 is the maximum permitted in the library room - you are more than welcome to go onto our waiting list.



U3A DISPLAY AITKENVALE

During the month of March a display case of U3A paraphernalia was set up at the Aitkenvale Library. Craft exhibits as well as art works were on display.

Advertising our various classes and activities drew many comments from library users ..

Grateful thanks to the helpful hands that put the display together and all who dismantled the display when the time was up.

A NEW VOLUNTEER CHRISTINE TIMUS

Is taking on the role of the Be Connected Tutor and also manage the Web PAGE

As a new member and volunteer to U3A and being semi-retired, whilst not a complete newbie to North Queensland Townsville, we did enjoy quite a few years walking the beaches of Bowen. Time came for us to move nearer to our only family here in Townsville which we achieved a year ago.

I thought it was important to become involved in what Townsville had to offer, I had heard of U3A years ago but I wasn't ready at that time in my life, I feel privileged to help people with the skills I have obtained over the many years of my careers. Working for government bodies, managing my own business as a BAS Agent and finally managing multi-million-dollar life style resorts here in Queensland and NSW put my many qualifications to much use from Business Management, Book keeping, principle of accounts & Training & Assessment.

The need to be analytical ensures that computer software/programs have always interested me and I really enjoy taking on new software and upskilling myself, it also helps me to remain focused and keeps my grey matter ticking over. I will enjoy getting to know some of you and also sharing special moments.

Warmest regards Christine Titmus



U3A WALKING GROUP -

June to August dates

meets Friday 7.00am for 7.15 start -8.15

Coordinator; Roslyn McEwan

Date		Meet	Walk
June	3	JCC Mt Stuart St near Otto's Bakehaus bakery	JCC including Central plaza Development
	10	Dirty Boots Café at the Oasis staging Camp Avenue	Idalia river park loop
	17	Otto's carpark Village drive Idalia	Upstream circuit
	24	Cape Pallarenda road car-	lagoon's walk
July	1	Palmer St. near maritime	Palmer St to Cruise ship
	8	Weir School carpark	Riverway loop
	15	Tobruk pool	Anzac Park to Jupiter's (breakwater section option-
	22	O'Rielly Street	Annandale St. downstream
	29	End Carmody St. Hermit Park	Bicentennial park Circuit
Aug	5	Cape Pallarenda Road three mile creek carpark after Garden settlement and before bridge	Foreshore park towards city
	12	QLD Bank Stadium meet near podium café.	City Murals walk
	19	Pallarenda carpark (far end)	Towards city
	26	O'Rielly St Mundingburra	Annandale side Upstream

USA CRAFT CLASS GROUP LEADER: LIZ SCHMIDT

An opportunity to meet new people while sharing our love for crafting! Over coffee accompanied by home baked cakes, slices and pies, we admire each other's work and attempt to solve any problems that might have arisen during the week. Liz and Lyn organized the original group and Liz is there every week to offer support and advice.

Monday mornings classes always deliver a new array of ongoing projects.

Genevieve, who completed a beautifully crocheted bed jacket for a friend, is now knitting a trauma bear that she will be donating to a charity. Gen and Joyce always ensure that we are greeted with a tea or coffee, often with a tasty slice or biscuits.

Joyce, originally from Longreach, has crocheted a beautifully soft baby rug. Also, her crocheted shopping bag was a practical project.

Sue has twin grandchildren on the way on the Gold Coast has just completed 2 baby blankets. Her new challenge will be a rag rug, using scrap fabric. .

Jane says that she enjoys meeting with 'like-minded' people. Her portfolio includes gecko and mouse bookmarks which were recently displayed in the Aitkenvale library. Her cross stitched 'baby sampler' is progressing beautifully.

Mary, a new arrival, is crocheting hang-up bathroom towels.

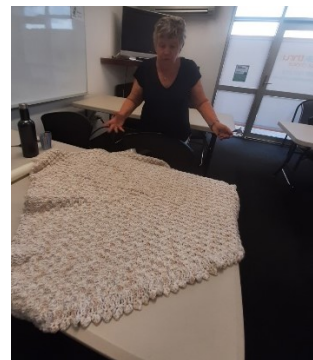
Lise, another newly arrived recruit, is busy counting stitches while trying to keep up with the animated conversation. Lise knits warm winter jumpers and matching knitted hats, scarves, vests and amigurumi toys for far-away family.



Lise's granddaughter, Nora, and her jumper



The craft group in class who believe that social interaction is an important part of their gatherings



Joyce and her beautiful blanket



Pictured left Christmas coffee get-together



Liz's handiwork



Jane's Gecko bookmark



Lise's first amigurumi fox

A new course being offered by U3A designed by Malcolm Hall, will, I am sure attract a popular following. The course commences on Monday May 9th with a two hour group followed by a one hour individual session and then you will be able to proceed to a more advanced class held at the library. However there is a current waiting list who will be first, and your name will be added to the next list should you wish to take part. Please contact the office (4724 3530) to register your interest.

G.O.F.T.A.T

GETTING ONLINE FOR THE ABSOLUTELY TERRIFIED

(For U3A Members, By Malcom Hall)

OBJECTIVES

After completing this course participants should be able to:

Use a device (Computer, Laptop, Tablet or Smartphone) to connect to the Internet via Wi-Fi

Use a Browser to surf the web

Use a Search Engine to find information

Use an eMail System to send/receive emails

Set up and use a Be Connected Account

Use Be Connected as a self-paced learning resource

TOPICS COVERED

Core Topics:

Devices – examples and differences

The Internet – what is it?

Browsers and how to use them effectively

Search Engines and how to get the best search results

Email – setting up an account if required, usage

Other topics if time allows:

Communications – Skype and Zoom as examples

Shopping Online – paying safely

Entertainment – Spotify, Netflix, IView etc

Be Connected – the Federal Government eSafety Commission's learning portal

URL – internet addresses

Safety Online – viruses and other malware, scams, care with personal information.

Passwords – creating and managing

Apps – what are they? How to find, download and manage them

Data – ISPs, charges, monitoring data usage



NOTES

The course is designed for absolute beginners having their own device but with limited Internet experience. The format should be a 2-hour general introductory group session, no more than 6 people per group, run as a seminar with demonstrated examples but minimal hands-on time.

This to be followed by individual 1-on-1 sessions for 1 hour per participant, focusing on hands-on learning, ensuring that each participant can connect their device to the local Wi-Fi service, has an email account which they can operate successfully, can locate the Be Connected website and has a Be Connected account set up. Following this course it is anticipated that participants will either sign up for U3A sessions at the Library or continue their learning journey self-paced following the Be Connected program.

CLASS TIMETABLE 2022

All enquiries to admin@u3atownsville.com Phone; 47243530

Monday		
Be Connected: Basic Computer, learn to develop your computer skills 09:00am-11:00am	Christine Titmus Malcolm Hall	Aitkenvale Library BOOKINGS ARE ESSENTIAL
Craft Group 09:30am-11:00am	Jane Rossiter	U3A Vincent
Monthly Book Club , 2 nd Monday 12:00pm-01:00pm	Jeanette Hind	John Mathew Meeting Room Flinders St Library (upstairs in Northtown)
Mah Jong 09:00am-12:00pm	Gwen Wilson	Thuringowa Library
Social Art (No tutor) 09:30am-02:30pm	Primary Contact Gail Pearson Secondary Contact Judy Osborne	Soundshell Building, Dan Gleeson Gardens
Stock Market Trading Group 12:00pm-02:00pm	Terry Lambrose	Zoom meeting Contact Terry for further information
Indonesian 01:00pm-02:30pm	Val Colquhoun	Aitkenvale Library
Tuesday		
Spanish 09:15am-10:45am	Graham Collins	U3A Vincent
Philosophy 10:00am-11:30am	Jan Hynes	Anderson gardens unless raining then move to the Bellevue Hotel, Allen St,
Creative Writing 10:00am-12:00pm	Anne Atkinson Judy Knox	Vale Hotel, Motel Breakfast Room Ross River Rd, Aitkenvale
Conversazione in Italiano 12:00pm-01:30pm	Barbara Strickland	U3A Vincent
Japanese Haiku 02:00pm-03:00pm		
History 02:00pm-03:30pm	Nanette Grace	Ooonoonba Community Centre 2 Shannon Street, Ooonoonba
Wednesday		
Canasta 09:30am-12:30pm (Prompt start)	Beryl Lennon	German Club Inc. 56 Anne St, Aitkenvale
Art at Vincent (no tutor) 09:30am-12:30pm	Kate Eagling	U3A Vincent

Thursday		
Tai Chi 9:00am-10:00am Advanced Class 10.00am-11.00am Beginners Class	Geoff Ward	Sherriff Park, Love Lane, Mundingburra (on the asphalt surface of the basketball half-court, a short walk across the grass from the parking area)
Digital Photography 09:00am-11:00am	John Webster	U3A Vincent
Conversational French - Intermediate 11:30pm-01:00pm	Georgina Valdeter	U3A Vincent
Science 2.00 :3.00 pm	Susan Dellow	U3A Vincent

Friday		
Walking Group 07:00am-08:15am	Roslyn McEwan	<i>Various Walking Paths Program last page</i>
Mah Jong 09:00am-12:00pm	Gwen Wilson	Thuringowa Library
<i>Basic Computer & Technology. Learn to develop your computer and digital skills.</i> Session 1: 09:00am-10:00am Session 2: 10:00am-11:00am	Gaye Higgins	Learn Space Thuringowa Library BOOKINGS ARE ESSENTIAL
Scrabble 10:00am-12:30pm	Kate Eagling	U3A Vincent
Italian <i>Beginners Plus</i> 12:00pm-01:30pm	Trish Jordan	Aitkenvale Library Meeting Room
Friday Talks (A variety of topics)	SUSPENDED UNTIL FURTHER NOTICE	
James Cook University (various subjects)	Lori McGuire Check U3A Townsville website	James Cook University

JAMES COOK UNIVERSITY OPPORTUNITIES

As a U3A member you are able to attend some James Cook University lectures of varying subjects.

Our JCU coordinator Lori McGuire, organises the admittance to these lectures which do not give you any credits but enables you to attend a lecture of a topic you enjoy.

All our U3A members who have attended these lectures are really keen to continue each year.

One such opportunity will occur around June so if would like to take advantage of this, keep a look out for a bulk email that will advise you of dates/times etc.



CLASS TIMETABLE 2022

Magnetic Island ONLY - See Below		
Monday		
Monday Talks, Magnetic Island 10:00am-12:00pm	Brian Furby	RSL, Arcadia
Stock Market Trading Group 12:00pm-02:00pm	Terry Lambrose	Zoom meeting Contact Terry for further information
Tuesday		
Tai Chi & Qigong, Magnetic Island 07:00am-08:00am	Peter Duckworth On short break – resuming soon.	Esplanade, Nelly Bay (between Kelly & Yates Streets)
Recorder Ensemble, Magnetic Island 01:30pm-03:30pm	Una Glavin	St Margaret's Anglican Church Endeavour St, Arcadia
Wednesday		
Advanced French 09:00am-11:00am	Gisela Edwards	St Margarets Anglican Church Endeavour St, Arcadia
U3A Singers, Magnetic Island 06:00pm-07:30pm	Una Glavin	St Margaret's Anglican Church Endeavour St, Arcadia
Thursday		
Spanish Conversation, Magnetic Island 09:30am-11:00am	Liz McDine	Contact Liz for further information
Friday		
Tai Chi & Qigong, Magnetic Island 07:00am-08:00am	Peter Duckworth On short break – resuming soon.	Esplanade, Nelly Bay (between Kelly & Yates Streets)
Other		
Learn to Read Music, Magnetic Island	Una Glavin >> 0403 644 341	Una is taking Expressions of Interest for a further class.

Please report any errors or omissions to the U3A Office.

MAGNETIC ISLAND NEWS



Magnetic Island members enjoyed a lunch celebrating International Women's Day on Tuesday March 8th this year

Although it was a sweltering day everyone had a good time.

Thank you Su Mijic for organising the lunch.

THE U3A-JCU CONNECTION.

A participant's story

Firstly, a huge thanks to the forward-thinking people responsible for giving life to and providing the ongoing facilitation of the program that encourages members of U3A Townsville like myself to access James Cook University academic subjects through attendance at undergraduate lectures. I should add that there are no fees involved and this participation is on an attendance only basis, with no formal qualifications at the end; this suits me fine as I have no aspiration to embark on a new career in my 79th year. I consider myself to be very fortunate to be part of this programme and have recently completed Week 6 of the Minerals and Magma subject which is one small element of the overall Geology course and which will continue for the rest of this current JCU Semester

This subject in which I am participating aims to provide the knowledge and skills necessary to identify the various classes of naturally occurring igneous rocks of the world together with their mineral contents, using various techniques including investigation of physical and chemical characteristics of rock samples. (PS I wish I had paid more attention to my studies in chemistry before I left school at age 15 many years ago.) I must also say I failed to realize the extent of the language of the science of geology, most words not being in common usage in my life experience, but this is not really a problem as no doubt sufficient will rub off on me to enjoy the learning..

I am thoroughly enjoying this subject which is completely out of my comfort zone. The time I devote each week is attending a one hour's on-line lecture two days each week plus a three hour practical session each Friday, presented by our expert lecturer and course coordinator Dr. Helen McCoy-West of the JCU's College of Science and Engineering. Dr McCoy-West (Helen) has made me very welcome as have under-graduate students in the class

Of particular interest to me is the Petrographic Microscope which is used in practical sessions to examine extremely thin sections of rocks (about 30 microns or 30/1000th of a mm thick) in order to identify minerals present. This expensive instrument weighs in at around 25 kg (the weight of a large bag of chook food) and both the lecturer and others are very helpful to me in collecting this instrument from its secure storage and setting it up on the workbench, which may otherwise be a risky business for the equipment as well as myself.

I won't bore readers with a lot of course detail as this would serve no useful purpose. Rather I will use this space to promote the U3A/JCU connection and the programme which is available on application through U3A. Members should keep an eye out for the promotional material distributed from time to time through the U3A system. My advice to members is to investigate this wonderful opportunity to increase your knowledge of topics that may be quite foreign to you, without the stresses that are often associated with academic studies. I took the plunge so to speak, and I am very glad I did. You should contact Lori McGuire at U3A (ailsacraig33@gmail.com) for full information about the program.

See you at the JCU? Norm Rains.

2022 COMMITTEE MEMBERS

<i>Pauline Woobridge</i>	<i>President /</i>	<i>Graham Collins</i>	<i>IT Coordinator</i>
	<i>Publicity / Promotions.</i>	<i>Liz McDine</i>	<i>Magnetic Island Coordinator</i>
<i>Alan Williams</i>	<i>Vice President</i>	<i>Christine Douglas</i>	<i>Office Manager / Newsletter Editor</i>
<i>Lorraine Ryrie</i>	<i>Secretary</i>	<i>Antonia Gerrard</i>	<i>Class Coordinator</i>
<i>Larry Frazer</i>	<i>Treasurer</i>	<i>John Webster</i>	<i>Committee member</i>
<i>Jenny Sebba</i>	<i>Assistant Treasurer</i>	<i>Will Horsfall</i>	<i>Committee member</i>

**Office location: Unit D.4 Vincent Church of Christ Centre,
Corner of Palmerston Street and Ronan Street, Vincent.**

Open Monday – Friday: 9:00am – 12:00pm

P.O. Box 374, Aitkenvale QLD 4814

Telephone: (07) 4724 3530

Email: admin@u3atownsville.com

Website: u3atownsville.com