

NEWSLETTER APRIL 2021



U3A COMMITTEE MEMBERS FOR 2021

L to R; Alan Williams (Vice president); Graham Collins (IT coordinator); Jenny Sebba (Assistant treasurer); Liz McDine (magnetic Island Coordinator); Christine Douglas (Office Manager and Newsletter editor); Lorraine Ryrie (Secretary); Pauline Woodbridge (President); Kate Eagling (Maintenance coordinator); and Larry Frazer (Treasurer):

Absent Will Horsfall (committee member); photographer John Webster (Committee member)

President's Message.

A big thank you to our members who, by supporting the Annual General Meeting, ensured that our branch of the U3A met our legal obligations by accepting the annual financial report and electing the 2021 Management committee. It was a pared down event due to Covid restrictions which meant that the social aspect of the AGM had to be foregone for safety. Hopefully this time next year we can assume our larger get-togethers.

The U3A Network Qld Annual conference for 2020 was also affected by the restrictions and had been cancelled. Not this year though. I am self-funding a trip to Stanthorpe to attend the 2021 conference next month. I am looking forward to catching up with the other branch committee executives from all over Qld to exchange information and our local experiences. The conference is an opportunity to ensure we are keeping up with legal and fiduciary responsibilities each committee had to its membership. I will be happy to report on outcomes in the next newsletter.

Appreciation and recognition to the volunteers who prepare and distribute our regular newsletter keeping us all informed, Regards Pauline

Please be aware of the latest Covid news all details are on our website at <https://u3atownsville.com/latest-news/>

U3A General Information Message

As we welcome in the new Committee and plan for the year ahead, it's an ideal opportunity to keep members informed about how we provide the best possible support and service to our members. I'll explain how Class Fees help to maintain services and improve your experiences. I'll also explain why completion of Attendance Sheets and COVID sign-in sheets is so essential.

This is an extract from the U3A Townsville By-Laws on Class Fees: **5. Class fees**

5.1 There may be a nominal class fee for attendance at any class provided by the Association.

5.1.1 Any nominal class fee collected is for the conduct of the class business and a levy paid to the Association to support the overall growth and development of U3A in Townsville and the local region.

Every Monday morning the Class Fees received are recorded on a spreadsheet which is available to be viewed by members if they so wish of a Monday morning but cannot be removed from the U3A Office or copied. These funds and any other funds received, such as membership subscriptions, are then banked into the U3A Townsville bank account on a weekly basis.

All funds received and banked go towards the operating costs for U3A Townsville such as Rent, Insurance, Telephone, Internet, WiFi, Stationery, Repairs and Maintenance to equipment, provision of sanitizers and cleaning products to meet COVID requirements, and all other associated running costs. Your fees also help to meet photocopying and resource development expenses for various classes and to develop and provide promotional materials at various locations around Townsville, e.g. at the city's libraries and at special events.

Members may wonder whether the Tutors are paid for their services. All members, and that includes Tutors and Committee members, are volunteers in the Association. Tutors and Committee members do not receive any monetary payment whatsoever from U3A Townsville and all of their time and effort is on a totally volunteer basis for the good of U3A Townsville. Without these volunteers there would be no classes being run or any office administration being carried out and U3A Townsville would not function at all without these volunteers giving their time and effort to U3A Townsville.

Attendance sheets need to be completed by attendees to a class so that they are covered by U3A Townsville's Public Liability Insurance should an injury be sustained by an attendee while attending the Class. It also ensures that Financial members are attending the Class as the recorded Receipt Number is scrutinised to ensure it is for the current calendar year.

The COVID sheet needs to be completed as it is a Queensland State legislative requirement to do so for contact tracing if ever it is needed.

It is a requirement that all members complete these forms to ensure good governance is maintained and that U3A Townsville is meeting its legal obligations in this period of change.

Larry Frazer, Treasurer U3A Townsville Inc.

Pictured at the Townsville Museum our resilient poet U3A member Joan Twine

DINOSAURS



Last night, when I journeyed back through time

I saw an Apatosaurus standing in the slime
And then I heard these awful moans
And as I looked, it swallowed stones.

Then it reached up as far as I could see
And ate some leaves from the tallest tree.

I suddenly heard some deafening roars
Which seemed to come from more dinosaurs.
You'd never believe then what I saw.
It was an Allosaurus with a big strong jaw.

Then while Apatosaurus and Allosaurus
Were arching their necks
Into the forest strode Tyrannosaurus Rex.
He shook the ground with his enormous feet
As this giant lizard looked for something to eat.

I couldn't help it. I let out a scream. (Aahhhh!)
Then Mum woke me up. It was only a dream.

By Joan Twine, Copyright, 2006.

Crash Courses in Creative Literacy

Term 1 of Creative Literacy involved Do's & Don'ts for short stories and opinion pieces. The focus was on reverse engineering and Critical Literacy's deconstruction. One of the lighter moments involved a skit with ET to demonstrate the connection between drama and prose and multiple readings of a satiric presentation. Skill-building was approached through micro-fiction, six-word and fifty-word short stories to serve as outlines for longer works and an obligatory twist as pay-off for the reader. Creative non-fiction (not an oxymoron) recycled the overlapping elements of creative fiction with an emphasis on humour as the "spoonful of sugar".

Term 2 continues with a crash-course in five centuries of English poetry (un-cancelling Anglo-Saxon culture). Some of the aspects being covered include: Form & Foregrounding, Pre-cursors & Privileged, Manners & Morals, Religion & Rationalism, Politics & Public Interests, Limitations & Legacies, History, Historicism and Historiophoty (Movie versions). Lyrics from the 16th-20th Century will form the basis for micro-appreciation and meta-criticism.

B. W. Mackenzie-Ross



Hello all, U3A volunteer story

I often ask people to write a little something about themselves, and in fairness I thought I should write about me!!

At the invitation of a friend I went to a U3A. open day, it also turned out to be the 2018 AGM'!. I joined and also volunteered to do the newsletter, a little later I volunteered to help out in the office. I have been in these roles ever since, thoroughly enjoying these positions.

I suppose I could be classified as itinerant, as when a child my father was in the army and we moved a bit, then I married a railway man and we moved a bit more. So I am fairly familiar with quite a bit of N.S.W and some of Queensland, it is amazing how many people I come across who reside in towns that I have lived. My last move was to Townsville a little over three years ago and my intention is to stay put, unless something drastic occurs to change that. I enjoy swimming, sewing and volunteering, and whilst ever I am able I will continue in these pursuits. I have four children who live in Townsville, Adelaide, Rockhampton and my baby who has just moved to Tasmania, I wonder if she will manage the cold after living in Ingham for over twenty-five years. I am grandmother of six and a great grandmother to seven who all live far away. I recently travelled to Rockhampton to catch up with my eldest son and his family. The photo is of my son Ray, his daughter Angela, her four children with me.



Sometimes we wonder,

'What did I do to deserve this?' or 'Why did God have to do this to me?' Here is a wonderful explanation!

A daughter is telling her Mother how everything is going wrong, she's failing algebra, her boyfriend broke up with her and her best friend is moving away.

Meanwhile, her Mother is baking a cake and asks her daughter if she would like a snack, and the daughter says, 'Absolutely Mom, I love your cake.'

'Here, have some cooking oil,' her Mother offers. 'Yuck' says her daughter.

'How about a couple raw eggs?' 'Gross, Mom!'

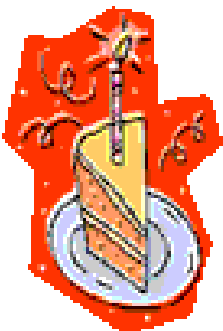
'Would you like some flour then? Or maybe baking soda?'

'Mom, those are all yucky!'

To which the mother replies: 'Yes, all those things seem bad all by themselves. But when they are put together in the right way, they make a wonderfully delicious cake!'

Life may not be the party we hoped for, but while we are here we might as well dance!

I hope your day is a piece of cake



Vale ANNE MATHEWS;

Anne Matthews was a long standing active member of U3A. ,serving on the committee and as Treasurer Anne died in December 2020. In 2001 she and Diana Prideaux approached JCU about exercise classes for older people. While these classes are no longer exclusively for U3A many of our members have benefited from them over the years.

Another contribution Anne made was "Tea and Pickies." A talk at Perc Tucker Gallery was followed by afternoon tea on the balcony. Later this became lunch at the Cowboys and then a talk at the gallery. She is sadly missed.

Magnetic Island News

The Magnetic Island members have welcomed several new members to classes and the Monday Talks group.

There are two Tai Chi classes, two language groups and two music groups on the island. This time around I'm going to talk about our music groups.

The U3A Singers have recently changed venues to St Margaret's Church in Arcadia where the acoustics are better in the smaller space. The church takes up to 21 people and has a current COVID policy. The group has a lot of fun singing songs from many eras and traditions. We are accompanied by Pete on guitar and Una on keyboards.



The small recorder ensemble play soprano, alto and tenor recorders to make a rich sound. Together they play a vast array of music from Handel's Water Music to Latin American folk dances, traditional folk music and popular tunes, such as 'Over the Rainbow'.

Normally both groups give a concert at the island Christmas party but this did not happen at the end of last year in keeping with COVID regulations restricting movement in venues and enforcing social distancing. Next year we hope to resume this tradition.

Pictured; Liz McDine Magnetic Island Representative



Patchwork, Embroidery and Quilting

We have successfully completed our first term and the ladies in this group have produced some lovely and varied items. It is exciting to see a keen group working on new projects and enjoying each other's company. The room is suitable for six participants and one facilitator. We have eight ladies enrolled and attendance each week ranges from four to six.

We are busy with new patchwork techniques at the moment. Each participant decides what they want to do next and with support from the group they can enhance their skills and enjoy new experiences.

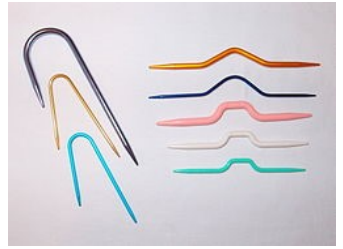
I'm hoping that we can continue to enjoy this activity together again next term. Term 2 starts on Tuesday, 13th April. Sessions run from 1:30pm to 3:30pm.

Su Brodby M: 0429 335 999



Masters of the chain stitch

Liz and the members of the Craft Group meet each Monday morning from 9:30am-11:00am in the U3A Vincent Office Meeting Room. The primary focus is on learning to crochet but any member is welcome to come along and join the group and bring along their own work. So, even if your passion is knitting or embroidery, or stitch work of any kind, please join us. Give Liz a call if you would like to come along to learn something new, have a laugh, and be in good company. Liz Schmidt >> 0438 333 398



SOME HUMOUR FOR YOU TO ENJOY.



Having plans sounds like a good idea until you have to put on clothes and leave the house.

It's weird being the same age as old people.

When I was a kid I wanted to be older...this is not what I expected.

Chocolate is God's way of telling us he likes us a little bit chubby.

Never sing in the shower! Singing leads to dancing, dancing leads to slipping, and slipping leads to paramedics seeing you naked. So remember...Don't sing!

During the middle ages they celebrated the end of the plague with wine and orgies. Does anyone know if there is anything planned when this one ends?

Don't be worried about your smartphone or TV spying on you. Your vacuum cleaner has been collecting dirt on you for years.

I'm getting tired of being part of a major historical event.

I don't always go the extra mile, but when I do it's because I missed my exit.

You don't realize how old you are until you sit on the floor and then try to get back up.

We all get heavier as we get older, because there's a lot more information in our heads. That's my story and I'm sticking to it.

I got myself a Seniors' GPS. Not only does it tell me how to get to my destination, but it also tells me why I wanted to go there."

"My mind is like my internet browser. 19 tabs open, 3 of them are frozen and I have no idea where the music is coming from."

"Don't let them take your temperature on your forehead as you enter the supermarket because it erases your memory. I went for macaroni and cheese and came home with two cases of beer."

SOME DIFFERING REVIEWS OF THE JCU COLLABORATION WITH U3A

The subject is well presented, through diverse materials, i.e., videos, recordings, notes, readings as well as references. It's presented with a week notice giving time to read it before the lecture and prepare some questions in case of clarification needed. Warm regards, **Aurelia**

I'm now settled and enjoying the geology. However the JCU app was not helpful it didn't work for me as for students only. It was sorted by IT.

*So I now sign in by special persons icon on Learn JCU page. **Geoffrey***

I have been going to contact you. Sadly my JCU experience was a no go. I left it a while before getting in to it and decided to give it a miss. Instead of doing a course I've signed up for art lessons. Need something to keep me inspired. Thanks so much for all your support. Maybe I can do something next time around. Cheers . **Lori**

I have started Foundation French 1 through JCU via the U3A program. The course is online and the lecturer Elena Ohara has been extremely welcoming. I have access to all the online information including the lists of the reading material which I was then able to find online.

There was only one non-compulsory textbook that I couldn't access online so I joined the JCU university library and was able to check out the book. You can join the library as a community member for \$55. I can view all videos and attend the weekly online tutorial. Elena treats me as one of the other students. So much so I actually had to let her know that I was not entitled to be assessed through the U3A program, in case she was looking for my assessment submissions. At least that was one less student work she has to mark!

*I am thoroughly enjoying the course and I am amazed and delighted this program is offered through JCU and U3A. I wanted to study French at University but wasn't able to so it is wonderful that I have been given the opportunity to do so now. I am only seeking the knowledge not the qualification so this way of learning is ideal. Best regards, **Claire***



ALTERED BOOKS

Re purposing an old book by embellishing the pages, our group has explored and created some great pieces with mixed media. We have made journals put life memories, emotions and thoughts on our pages. Exchanging ideas for our art , relaxing and enjoying the social time with each other.

Altered books has finished for the first semester of 2021. Any expressions of interest for semester 2 are welcome. Depending on those interested Jane may hold a class during the second semester. If this is you contact Jane on 0417 898 342.

U3A TOWNSVILLE INC. – CLASS/GROUP TIMETABLE

Current as at 15/04/2021

Timetable is subject to change at short notice.

Check class resumption dates for 2021 by contacting the facilitator of each class/group

BOOKINGS ARE ESSENTIAL AS SEATING IS RESTRICTED

Monday		
<i>Basic Computer & Technology.</i> Learn to develop your computer and digital skills. Session 1: 09:00am-10:00am Session 2: 10:00am-11:00am	Gaye Higgins >> 0419 732 311 E: gayehiggins@hotmail.com	Aitkenvale Library BOOKINGS ARE ESSENTIAL
Craft Group 09:30am-11:00am	Liz Schmidt >> 0438 333 398	U3A Vincent
Monthly Book Club , 2 nd Monday New venue beginning April 2021 New time: 12:00pm-01:00pm	Jeanette Hind >> 0401 857 975 jeanette_hind@hotmail.com	John Mathew Meeting Room Flinders St Library (upstairs in North-town)
Mah Jong 09:00am-12:00pm	Gwen Wilson >> 4723 7142	Thuringowa Library
Social Art (No tutor) 09:30am-02:30pm	Primary Contact Gail Pearson >> 0427 777 006	Soundshell Building, Dan Gleeson Gardens
	Secondary Contact Judy Osborne >> 0409 764 184	
Stock Market Trading Group 12:00pm-02:00pm	Terry Lambrose >> 0434 634 822	Zoom meeting - Contact Terry for further information
Family History Group Class 1: 12:45pm-02:00pm Novice Group Class 2: 02:15pm-03:30pm Family History Social Group	Liz Scammell >> 0409 359 969	U3A Vincent
Building Digital Skills Program Each Monday x 4 weeks From 26/04/2021 to 17/05/2021 Class Time: 01:00pm-03:00pm Individual help: 3:00pm-4:00pm	For more information contact: Vicki Toci >> 0427 740 725 E: vicki.toci@gmail.com	Giru QCWA 9 Carey Street, Giru Phone 0407 116 465 to book BOOKINGS ARE ESSENTIAL
Indonesian 01:00pm-02:30pm	Val Colquhoun >> 0417 193 910	Aitkenvale Library
Philosophy 02:30pm-04:00pm	Jan Hynes >> 0419 723 640	Von Stieglitz Meeting Room Thuringowa Library
Tuesday		
Spanish 09:00am-10:30am	Graham Collins >> 4789 0590	U3A Vincent
Creative Writing 10:00am-12:00pm	Ann Krome >> 0400 822 973 Allan Griffiths >> 4774 2203	Vale Hotel, Motel Breakfast Room Ross River Road, Aitkenvale
Patchwork, Embroidery & Quilting 01:30pm-03:30pm	Su Brodby >> 0429 335 999	U3A Vincent
History 02:00pm-03:30pm	Nanette Grace >> 4721 4484	Oonoonba Community Centre 2 Shannon Street, Oonoonba
Wednesday		
Canasta 09:30am-12:30pm (Prompt start)	Barbara Sampson >> 0418 185 780	German Club Inc. 56 Anne Street, Aitkenvale
Art at Vincent (no tutor) 09:30am-12:30pm	Kate Eagling >> 0429 419 580	U3A Vincent

U3A Maths Group meets each Thursday from 9:00am-10:00am at Unit 2, old Sunvale/Kingsvale Plaza, Elizabeth Street, Aitkenvale (opposite Elizabeth St entrance to Stockland Shopping Centre)
Contact: David Kault 4780 5567 (ah) E: david.kault@jcu.edu.au

Thursday		
Tai Chi 9:00am-10:00am	Geoff Ward >> 0417 170 745	Sherriff Park, Love Lane, Mundingburra (on the asphalt surface of the basketball half-court, a short walk across the grass from the parking area)
Digital Photography 09:00am-11:00am	John Webster >> 0438 322 666 E:webj1@hotmail.com	U3A Vincent
U3A Maths 09:00am-10:00am	David Kault >> 4780 5567 (ah) E: david.kault@jcu.edu.au	Unit 2, the old Sunvale/Kingsvale Plaza Elizabeth Street, Aitkenvale nearly Opposite Elizabeth St entrance to Stockland Shopping Centre
Building Digital Skills Program Each Thursday x 4 weeks 03/06/2021 to 24/06/2021 Class Time: 09:00am-11:00am Individual help: 11:00am-12:00pm	For more information contact: Vicki Toci >> 0427 740 725 E: vicki.toci@gmail.com	The Men's Shed Unit D.6, Church of Christ Centre Corner Ronan & Palmerston Streets Vincent
Conversational French - Intermediate 11:30pm-01:00pm	Georgina Valdeter >> 0410 454 420	U3A Vincent
Building Digital Skills Program Each Thursday x 4 weeks 29/04/2021 to 20/05/2021 Class Time: 12:30pm-2:30pm Individual help: 02:30pm-03:30pm	For more information contact: Vicki Toci >> 0427 740 725	North Townsville Community Hub 52 Palm Drive, Deeragun Phone 4751 6511 to book BOOKINGS ARE ESSENTIAL
Science 02:00pm-03:00pm	Susan Dellow Text 0408 984 019 E: susan.dellow@bigpond.com	U3A Vincent
Friday		
Walking Group 07:00am-08:15am	Roslyn McEwan >> 0437 469 862	<i>Various Walking Paths</i> <i>Phone Roslyn for details</i>
Mah Jong 09:00am-12:00pm	Gwen Wilson >> 4723 7142	Thuringowa Library
<i>Basic Computer & Technology.</i> Learn to develop your computer and digital skills. Session 1: 09:00am-10:00am Session 2: 10:00am-11:00am	Gaye Higgins >> 0419 732 311 E: gayehiggins@hotmail.com	Learn Space Thuringowa Library BOOKINGS ARE ESSENTIAL
Scrabble 10:00am-12:30pm	Kate Eagling >> 0429 419 580	U3A Vincent
Italian <i>Beginners Plus</i> 12:00pm-01:30pm	Trish Jordan >> 0408 741 347	Aitkenvale Library Meeting Room
Building Digital Skills Program Each Friday x 4 weeks 30/04/2021 to 21/05/2021 And 04/06/2021 to 25/06/2021 (Select 1 of the 2 options above) Class time: 01:00pm-02:45pm Class time: 03:00pm-04:45pm (Then select 1 of the class options) Individual help: 11:00am-12:00pm	For more information contact: Vicki Toci >> 0427 740 725 E: vicki.toci@gmail.com	U3A Vincent Phone 0427 740 725 to book BOOKINGS ARE ESSENTIAL
Creative Literacy 02:00pm-04:00pm	Byron Mackenzie-Ross 4420 1454	Aitkenvale Library Meeting Room
Friday Talks (A variety of topics)	SUSPENDED UNTIL FURTHER NOTICE	
Other		
James Cook University (various subjects)	Lori McGuire >> 0418 874 844 Check U3A Townsville website	James Cook University

Monday		
Monday Talks, Magnetic Island 10am-12pm	Mike Keating >> 0437 432 251 Liz McDine >> 0422 190 455	RSL, Arcadia
Stock Market Trading Group, Townsville & Magnetic Island 12:00pm-02:00pm	Terry Lambrose >> 0434 634 822	Zoom meeting - Contact Terry for further information
Tuesday		
Tai Chi & Qigong, Magnetic Island 07:00am-08:00am	Peter Duckworth >> 4758 1981	Esplanade, Nelly Bay (between Kelly & Yates Streets)
Recorder Ensemble, Magnetic Island 01:30pm-03:30pm	Una Glavin >> 0403 644 341	Contact Una for venue
Wednesday		
French Conversation, Magnetic Island 09:00am-11:00am	Gisela Edwards >> 4778 5548	Contact Gisela for venue
Building Digital Skills Program, Magnetic Island Each Wednesday x 4 weeks 02/06/2021 to 23/06/2021 Class Time: 11:00am-12:45pm Repeat class: 01:00pm-02:45pm Individual help: 03:00pm-03:45pm	For more information contact: Vicki Toci >> 0427 740 725 E: vicki.toci@gmail.com	Magnetic Island Community Care (MiCare) 7 Apjohn Street, Horseshoe Bay Phone 4758 1506 to book BOOKINGS ARE ESSENTIAL
U3A Singers, Magnetic Island 06:00pm-07:30pm	Tania Thoreau >> 4758 1981	St Margaret's Anglican Church Endeavour Road, Arcadia
Thursday		
Spanish Conversation, Magnetic Island 09:30am-11:00am	Tania Thoreau >> 4758 1981	8 Lilac Street, Nelly Bay
Friday		
Tai Chi & Qigong, Magnetic Island 07:00am-08:00am	Peter Duckworth >> 4758 1981	Esplanade, Nelly Bay (between Kelly & Yates Streets)
Other		
Learn to Read Music, Magnetic Island	Una Glavin >> 0403 644 341	Una is taking Expressions of Interest for a further class.

Tutors Wanted:

We are always looking for members who may be interested in taking on the volunteer role of tutor to support others to learn new skills. Short course commitments or one-off workshops are welcome.

Expressions of Interest:

Altered Books – phone Jane Rossiter on 0417 898 342 if you are interested in taking part in a 4-week beginners program.

Tutors available: We have a Tutor available who is keen to start a *Japanese Poetry Group*. If you are interested, phone the office and leave your details.

More classes are coming in 2021. Keep checking U3A Townsville website and member emails for updates.

**Office location: Vincent Church of Christ Centre, Unit D.4
Corner of Palmerston Street and Ronan Street, Vincent.
Open Monday – Friday: 9:00am – 12:00pm
P.O. Box 374, Aitkenvale QLD 4814
Telephone: (07) 4724 3530**

Email: admin@u3atownsville.com

Website: u3atownsville.com