



U3A Townsville Inc.

SUPPORTED BY



NEWSLETTER JANUARY 2021

WELCOME TO U3A IN 2021.

U3A Townsville as per other branches, followed the medical advice with all its' changes during the challenges thrown up by Covid 19 in 2020. We have a well-seasoned management committee to thank for their continued commitment to the safety of our members as well as the actions of the members themselves. Despite restrictions on our classes, it is pleasing to note that the local membership continues to grow.

At this time of the year when people renew their memberships; the importance of demonstrating that our branch is alive and thriving is coupled with the need to generate funds to cover office costs, something that was in short supply in 2020. Although Covid is still with us, U3A is about to start our year with news of new and continuing classes, opportunities for more activities and the prospect of renewing the social benefits for and by the membership safely.

We also start the year with enthusiastic volunteers, an active management committee, along with a very busy Class Coordinator and Grants Coordinator. Thanks and appreciation needs to be accorded to the these members, those who have left us and those who take on the extra responsibility on behalf of us all.

There will be challenges again this year, including the mandated changes to the governance of organizations such as ours due to changes from the Australian Charities and Not for Profit Commission (ACNC) the regulatory authority. These requirements affect all branches and information across Queensland will step up and will support our sector to be compliant.

Last year was tricky, and it was fantastic to see the members/volunteers doing what was needed, tracking and applying Covid safe rules, office cleaning as per requirements, dealing with new forms, disseminating information to members via the Web site and newsletters and emails. There were meetings, planning, and generally staying in touch with each other through good old networking and bush telegraph.

It has been hard to stay together and it is hard to predict what is coming, but information about the March AGM is available in this newsletter and fingers crossed that that can be a face to face activity as an opportunity to bring us together.

All this puts us in good shape to face and enjoy and celebrate what each of us brings to the health and wellbeing of U3A Townsville in 2021. I look forward to interacting with our members throughout the year,

Pauline, President 2020/21

MEMBER FEEDBACK

Hi all involved in the committee.

I have watched from afar this year as COVID has taken its toll on almost everything. The committee has done a fantastic job keeping and growing the organization.

There are so many things that I think have improved that picking something out to praise would mean leaving so many other things unsaid about the great work being done by the committee and the volunteers (office, tutors etc.). However I will comment on the web site and the news letters. Both of these are of very high quality and are indicative of the work being done. Very professional and informative. Congratulations to all. I wish you all the best going into 2021. Regards Terry Lambrose

MEMBER COMMENTS

Dear Christine

I first heard about U3A some 20 years ago, but thought it was a men's group. Then, last year, I was looking for something to keep my mind active and a friend explained to me what U3A was all about. I am now studying Beginning Italian with Erich and enjoying art with an awesome group of talented women. I find the two hours in the art class very relaxing and the ladies are very helpful.

It is an amazing idea for older men and women to continue to learn, relax and share their talents. I'm so glad I found this art group; I can hardly wait Wednesday mornings to come!

Cheers, Lorraine Hardacre

MEMBER INFORMATION

You may have heard mention on SBS news recently about the death of Katherine Johnson in February 2020. Katherine was an American mathematician who calculated and analyzed the flight paths of spacecraft during her three decades with NASA. Along with Dorothy Vaughan and Mary Jackson, the trio were the brains behind the launch into orbit of astronaut John Glenn.



If you'd like to hear more, do as I did and borrow the DVD from Townsville Libraries titled "Hidden Figures", an excellent movie. Enjoy!

This movie is about three brilliant African-American women at NASA -- Katherine Johnson (Taraji P. Henson), Dorothy Vaughan (Octavia Spencer) and Mary Jackson (Janelle Monáe) -- serve as the brains behind one of the greatest operations in history: the launch of astronaut John Glenn (Glen Powell) into orbit, a stunning achievement that restored the nation's confidence, turned around the Space Race and galvanized the world.

It is with sadness I report on the passing of two active members of Townsville U3A, both members were committed to their roles within our group and both will be sadly missed

Vale Eric Campbell. Eric Campbell passed away on the 9th December, 2020.

U3A was an important part of Eric's life. He joined U3A in 2001. For many years Eric held classes in Maths to introduce U3A members to the joys of the Golden Ratio, the Fibonacci series, and a range of maths puzzles. Eric also taught Indonesian.

He had wide interests and went to classes in Philosophy, Science, and a range of talks given by visiting speakers.. Eric entertained U3A at various functions over the years by dressing up as a bumbling alter ego called Professor Strangeways and acting out his own amusing scripts. The U3A Townsville committee offer their sincere condolences to Eric's family

Vale Kelly Trueman; Kelly sadly passed away late 2020

Kelly Trueman joined Townsville U3A in 2015. .

Kelly became a member of the U3A committee in 2017, and took on the role of Assistant Newsletter Editor for the first newsletter of the year. Kelly took over from Kathy Joyce for the second newsletter of the year and produced it with a new format.

Kelly produced the January newsletter for 2018, but resigned from the committee at the AGM in March. Kelly continued being active in U3A by helping to co-ordinate speakers for the popular Friday talks.

The U3A Townsville committee offer their sincere condolences to Kelly's family

An Interest

Hello my name is Nerida and I am a pharmacist doing a PhD at James Cook University in Townsville.

My research is on MEDICINES THAT MIGHT PROMOTE STROKE RECOVERY.

I would like to hear from Australians who have had a stroke to learn what is important to them when making decisions about taking medications that might increase their physical recovery when participating in rehabilitation.

The survey and more information can be found here: <https://bit.ly/JCUSTroke>.

It would be wonderful for your community to be represented in the results.

Please feel free to share with stroke survivors
you think might be interested in participating.

Thank you for your time ☺ Nerida

FRIDAY TALKS - CAN YOU HELP?



We hope to resume the popular Friday talks later this year, most likely at a new venue. However, we need someone to look after the venue. We don't know where yet; it's still being researched. However, the person we are looking for would have the same role, wherever the talks are held.

The VENUE MANAGER's role is to look after everything that happens at the talk each Friday. This would include opening and closing the room, greeting the presenter, assisting with set up, being the MC, coordinating the small team of volunteers.

There is currently a volunteer looking after sound and technology, and there is usually a volunteer looking after the door. We could ask for more volunteers if needed. You do not need to organize the program of speakers – the program team does that.

Does this sound like something you could do? Or, better still, is this something you and one or two friends could do? Sharing the role is better for everyone!

We are also looking to expand the PROGRAM TEAM. This is the team that organises the presenters. It is a well-established group, with systems in place to manage the program and work collaboratively. Ideally, you will arrange about 8 – 10 presenters for the year (roughly 1 per month), but that is flexible, and we can fit with your interests, contacts and availability. You need to be comfortable using email. There is a Procedures Guide to help get you started.

Are you able to join the organizing team?

If you would like to be involved, or need more information, contact me

(0488335839 lindabrierley@outlook.com) or the U3A office. **4724 3530**

Linda Brierley Coordinator, Friday Talks

Tutors Wanted

We are always looking for members who may be interested in taking on the volunteer role of tutor to teach others to learn new skills, to keep an active mind, and to meet new friends.

We are looking for tutors or facilitators in the following categories for Townsville:

- ♦ Languages
- ♦ Gardening – Tips and Hints
- ♦ Garden art/sculpture (small things)
- ♦ Poetry Appreciation
- ♦ Works of Shakespeare
- ♦ Cinema group
- ♦ Digital Mentors

Short course commitments are welcome.

(Editor's note.) Since our last issue we have started classes in Knitting and Crotchet as well as Patchwork, thanks to some enthusiastic members



YOUR NAME TAG EXPLAINED.

It seems there is a bit of confusion surrounding the numbers on your U3A membership tag.+
Here is an explanation of what your badge tells you.

This is my badge.

The first line indicates I am a member of U3A Townsville and the next line indicates the year the badge was issued.

The number under my name is my actual membership number, which tells me that I am the 1894th member of the group.

Then it tells me that I joined in 2018, the receipt number then tells me I paid my membership for 2021 and that I was the 145th person to do so. It also tells a tutor that I am a paid up member and I am entitled to attend classes.

The receipt number is the one you need when registering for a class

no current receipt number—NO CLASS

U3A Townsville

2021

Christine

Douglas

1894

Joined 2018

Receipt 210145

Please ensure when renewing your membership you use the renewal form and not the application to join form. The incorrect form can result in a doubling up of information.

Friends are the fruitcake of
our lives. Some are nutty,
some are soaked in alcohol,
some firm, some sweet, but
altogether, they are great
to have in your life.



ARE YOU A RETIRED ELECTRICIAN??

U3A is looking for someone with electrical experience to help with some lighting issues in their office space.

If you are able to assist please contact the office on **4724 3530**



**U3A TOWNSVILLE INC. – CLASS/GROUP
TIMETABLE**

Current as at 16.01.2021

Important Notice

A COVID-19 Plan is in place at our Vincent office. We ask that when visiting the Vincent Campus, all members follow instructions by observing physical distancing and avoid crowding at entry and exit points, use hand sanitizer provided when entering and leaving the premises, use respiratory hygiene measures as necessary, and complete all fields on the sign-in sheet at the entry point.

All of us must:

- ♦ comply with national and state public health directions;
- ♦ promote and observe the simple but effective physical distancing and hygiene measures; and share advice from state and federal authorities regularly.

Kitchen use is restricted to one person in this area at any one time. Members are encouraged to bring their own take-away beverages, flasks or travel mugs with them into the meeting spaces rather than use cutlery and crockery available in the kitchen.

At the end of each session, the Tutor/Coordinator will arrange for the facilities and equipment to be cleaned down.

All COVID-19 Plans that are in place at the various venues must be strictly observed.

The Committee will monitor and review the implementation of the COVID-19 Plan to check its effectiveness and will seek feedback from Tutors/Coordinators on the management of the Plan.

These controls and conditions are subject to change at short notice.

Class/Group numbers remain restricted due to COVID-19 physical distancing requirements.

PLEASE PHONE THE TUTORS/COORDINATORS TO SECURE A SPACE BEFORE ATTENDING.

Thank you for your resilience, patience, and understanding.


U3A TOWNSVILLE INC. – CLASS/GROUP TIMETABLE

Current as at 16.01.2021

Timetable is subject to change at short notice

BOOKINGS ARE ESSENTIAL AS SEATING IS RESTRICTED

Monday			
Basic Computer & Technology. Learn to develop your computer and digital skills. Session 1: 09:00am-10:00am Session 2: 10:00am-11:00am	Gaye Higgins >> 0419 732 311 gayehiggins@hotmail.com	Aitkenvale Library BOOKINGS ARE ESSENTIAL	
Craft Group 09:30am-11:00am	Liz Schmidt >> 0438 333 398	U3A Vincent	
Monthly Book Club , 2 nd Monday 8 February 2021 & 8 March 2021 10:00am-11:00am	Jeanette Hind >> 0401 857 975	Aitkenvale Library Meeting Room Phone coordinator, Jeanette Hind, for venue for April meeting as venue may have changed	
Mah Jong 09:00am-12:00pm	Gwen Wilson >> 4723 7142	Thuringowa Library	
Social Art (No tutor) 09:30am-02:30pm	Primary Contact Gail Pearson >> 0427 777 006	Soundshell Building, Dan Gleeson Gardens	
	Secondary Contact Judy Osborne >> 0409 764 184		
Stock Market Trading Group 12:00pm-02:00pm	Terry Lambrose >> 0434 634 822	Zoom meeting - Contact Terry for further information	
Family History Group Class 1: 12:45pm-02:00pm Class 2: 02:15pm-03:30pm	Liz Scammell >> 0409 359 969	U3A Vincent	
Building Digital Skills Program Each Monday x 4 weeks From 15/02/2021 to 08/03/2021 Class Time: 01:00pm-03:00pm Individual help: 03:00pm-04:00pm	For more information contact: Vicki Toci >> 0427 740 725	Giru QCWA 9 Carey Street, Giru Phone 0407 116 465 to book BOOKINGS ARE ESSENTIAL	
Indonesian 01:00pm-02:30pm	Val Colquhoun >> 0417 193 910	Aitkenvale Library	
Philosophy 02:30pm-04:00pm	Jan Hynes >> 0419 723 640	Von Stieglitz Room Thuringowa Library	
Tuesday			
Spanish 09:00am-10:30am	Graham Collins >> 4789 0590	U3A Vincent	
Creative Writing 10:00am-12:00pm	Ann Krome >> 0400 822 973 Allan Griffiths >> 4774 2203	Vale Hotel, Motel Breakfast Room Ross River Road, Aitkenvale	
Patchwork, Embroidery & Quilting 01:30pm-03:30pm	Su Brodby >> 0429 335 999	U3A Vincent	
History 02:00pm-03:30pm	Nanette Grace >> 4721 4484	Ooonoonba Community Centre 2 Shannon Street, Ooonoonba	
Wednesday			
Canasta 09:30am-12:30pm (Prompt start)	Barbara Sampson >> 0418 185 780	German Club Inc. 56 Ann Street, Aitkenvale	
Art at Vincent (no tutor) 09:30am-12:30pm	Kate Eagling >> 0429 419 580	U3A Vincent	

Thursday		
Tai Chi TIME AND DAY TO BE CONFIRMED	Geoff Ward >> 0417 170 745	TO BE ADVISED
Digital Photography 09:00am-11:00am	John Webster >> 0438 322 666 E:webj1@hotmail.com	U3A Vincent
Conversational French - Intermediate 11:30pm-01:00pm	Georgina Valdeter >> 0410 454 420	U3A Vincent
Building Digital Skills Program Each Thursday x 4 weeks From 18/02/2021 to 11/03/2021 And 29/04/2021 to 20/05/2021 (Select 1 of these 2 options) Class Time: 12:30pm-2:30pm Individual help: 02:30pm-03:30pm	For more information contact: Vicki Toci >> 0427 740 725	North Townsville Community Hub 52 Palm Drive, Deeragun Q 4818 Phone 4751 6511 to book BOOKINGS ARE ESSENTIAL
Science 02:00pm-03:00pm	Susan Dellow Text 0408 984 019 susan.dellow@bigpond.com	U3A Vincent
Friday		
Walking Group 07:00am-08:15am	Roslyn McEwan >> 0437 469 862	Various Walking Paths Phone Roslyn for details
Mah Jong 09:00am-12:00pm	Gwen Wilson >> 4723 7142	Thuringowa Library
Basic Computer & Technology. Learn to develop your computer and digital skills. Session 1: 09:00am-10:00am Session 2: 10:00am-11:00am	Gaye Higgins >> 0419 732 311 gayehiggins@hotmail.com	Learn Space Thuringowa Library BOOKINGS ARE ESSENTIAL
Scrabble 10:00am-12:30pm	Kate Eagling >> 0429 419 580	U3A Vincent
Italian Beginners Plus 12:00pm-01:30pm	Trish Jordan >> 0408 741 347	Aitkenvale Library Meeting Room
Building Digital Skills Program Each Friday x 4 weeks From 15/01/2021 to 05/02/2021 And 19/02/2021 to 12/03/2021 And 26/03/2021 to 16/04/2021 And 30/04/2021 to 21/05/2021 And 04/06/2021 to 25/06/2021 (Select 1 of the 5 options above) Class time: 01:00pm-02:45pm Class time: 03:00pm-04:45pm (Then select 1 of the class options) Individual help: 11:00am-12:00pm	For more information contact: Vicki Toci >> 0427 740 725 vicki.toci@gmail.com 	U3A Vincent Phone 0427 740 725 to book BOOKINGS ARE ESSENTIAL
Friday Talks (A variety of topics) 02:00pm-03:00pm	SUSPENDED UNTIL 2021	CHANGES WILL BE ADVISED BY MEMBER EMAILS AND NOTIFIED ON WEBSITE
Other		
James Cook University (various subjects)	Lori McGuire >> 0418 874 844 Check U3A Townsville website for further information	James Cook University



U3A WALKING GROUP – Program 12 March to 28 May 2021

MEETS FRIDAYS 7:00am-7:15am – 8:15am

Contact: Roslyn McEwan, 0437 469 862

Please bring with you: Hat, Comfortable Shoes, Sunscreen, and Water Bottle

Date		Meet	Walk
March	12	Rockpool, North Ward	The Strand
	19	Queen's Gardens Paxton Street Gate	Queen's Gardens and surrounds
	26	O'Reilly Street, Mundingburra	Upstream Annandale side
April	02	Weir School carpark	Riverside Gardens, downstream
	09	Carpark near cinema, Townsville Central	Stadium and river loop
	16	Rossiter Park Kimball Street, Aitkenvale	Ross River upstream
	23	Cnr Pallarenda Road and Esk Street, Rowes Bay (beach side)	Soroptimist Park and foreshore towards Jez-zine
	30	End Carmody Street, Hermit Park	Park area circuit
May	07	Pallarenda (far end)	Towards city
	14	Palmetum carpark, Nathan Street	Ross River upstream
	21	Tobruk Pool	Jupiters & Anzac Park
	28	Balls Lane, Mundingburra	Anderson Gardens

Magnetic Island

Monday		
Monday Talks 10am-12pm	Mike Keating >> 0437 432 251 Liz McDine >> 0422 190 455	RSL, Arcadia
Stock Market Trading Group 12:00pm-02:00pm	Terry Lambrose >> 0434 634 822	Zoom meeting - Contact Terry for further information
Tuesday		
Tai Chi & Qigong 07:00am-08:00am	Peter Duckworth >> 4758 1981	Esplanade, Nelly Bay (between Kelly & Yates Streets)
Recorder Ensemble 01:30pm-03:30pm	Una Glavin >> 0403 644 341	Contact Una for venue
Wednesday		
French Conversation 09:00am-11:00am	Gisela Edwards >> 4778 5548	Contact Gisela for venue
U3A Singers 07:00pm-08:30pm	Tania Thoreau >> 4758 1981	RSL, Arcadia
Thursday		
Spanish Conversation 09:30am-11:00am	Tania Thoreau >> 4758 1981	8 Lilac Street, Nelly Bay
Canasta 01:00pm-03:30pm	Kaye Lambrose >> 0403 255 805	SUSPENDED UNTIL FURTHER NOTICE
Friday		
Tai Chi & Qigong 07:00am-08:00am	Peter Duckworth >> 4758 1981	Esplanade, Nelly Bay (between Kelly & Yates Streets)
Other		
Learn to Read Music	Una Glavin >> 0403 644 341	Una is taking Expressions of Interest for a further class.

A reminder that March is Annual General Meeting month.

As usual, all seats on the committee will be declared vacant, so that a new committee could be formed. If you, or indeed any one you know would like to take on a role please feel free to attend this important meeting

ROLES TO BE FILLED;

♦ President	Face of U3A /Presiding over meetings
♦ Vice President	Aiding the President
♦ Secretary	Works with the President and the committee
♦ IT Coordinator	Keeping our technology up to date
♦ Treasurer	Organising payments / receipts
♦ Assistant Treasurer	Aiding the treasurer
♦ Newspaper Editor	Produces a quarterly newspaper.
♦ Office Manager	Organises the office and its' volunteers.
♦ Facilities Maintenance Coordinator	Keeping the area spick and span
♦ Magnetic Island Coordinator	Organising activities on Magnetic Island
♦ Events Coordinator	Supervising any events (usually 3 per year)
♦ Class Coordinator	Arranging timetables and classes
♦ Grants Coordinator	Arranging Grants for a variety of events
♦ Committee member	Assisting where needed
♦ Publicity and Promotions	Overseeing the publicity for U3A

These role descriptions are only an outline of each role, if you are interested in any of them please feel free to contact the office and we will give you a more in depth description.





U3A Townsville Inc.

Nominations for the ANNUAL GENERAL MEETING Proposed positions for the 2021 Committee

I hereby nominate _____ for the position of

President	<input type="radio"/>
Vice President	<input type="radio"/>
Treasurer	<input type="radio"/>
Secretary	<input type="radio"/>
Office and Volunteer Manager	<input type="radio"/>
Class Co-Ordinator	<input type="radio"/>
Media Publicity and Promotions Co-Ordinator	<input type="radio"/>
Minutes Secretary	<input type="radio"/>
Newsletter Editor	<input type="radio"/>
IT Co-Ordinator	<input type="radio"/>
Grants Co-Ordinator	<input type="radio"/>
Events Co-Ordinator	<input type="radio"/>
Facility Maintenance Co-Ordinator	<input type="radio"/>
Magnetic Island Co-Ordinator	<input type="radio"/>
Committee Member	<input type="radio"/>

Proposer _____ (must be a financial member)

Seconder _____ (must be a financial member)

I, _____ accept the nomination and confirm that I am a financial member of U3A Townsville Inc.

Please return this nomination form to Larry Frazer, Treasurer, U3A Townsville Inc.

Current membership is **489** as at **18th January 2021**.

This consists of **234** financial members for **2021**
and **255** members from **2020 *who are still to renew their membership for 2021.***

A gentle reminder that membership is now due. Thank you

U3A TOWNSVILLE 2020 COMMITTEE

First Name	Surname	Committee Role	Contact
Graham	Collins	IT Coordinator	admin@u3atownsville.com
Christine	Douglas	Office & Volunteer Manager	admin@u3atownsville.com
Kate	Eagling	Facilities Maintenance Coordinator	admin@u3atownsville.com
Larry	Frazer	Treasurer	treasurer@u3atownsville.com
Liz	McDine	Magnetic Island Coordinator	magneticis@u3atownsville.com
Beverley	Ponder	Events Coordinator	admin@u3atownsville.com
Lyn	Rooke	Class Coordinator	classcoord@u3atownsville.com
Jenny	Sebba	Assistant Treasurer	admin@u3atownsville.com
Vicki	Toci	Grants Coordinator	grantscoord@u3atownsville.com
John	Webster	Committee member	admin@u3atownsville.com
Alan	Williams	Vice President	admin@u3atownsville.com
Pauline	Woodbridge	President Publicity and Promotions	president@u3atownsville.com

Editor's Note;

Office hours are 9am till noon each day; the finance group are in the office on Mondays and the office volunteers are there Tuesday to Friday.

We invite you to come along at any time and have a chat.



Office location: Vincent Church of Christ Centre, Unit D.4

Corner of Palmerston and Ronan Streets, Vincent.

Open Monday – Friday: 9:00 am – 12:00 pm

P.O. Box 374, Aitkenvale QLD 4814

Telephone: (07) 4724 3530

Email: admin@u3atownsville.com

Web: u3atownsville.com