

#### U3A Townsville Inc

# Newsletter



2nd Quarter, 2015

#### **Dates for Your Diary**

Tuesday 21 July 2015
Newsletter Items
Last day for submissions
for 3rd quarter Newsletter
(Folding 30 July)

Thursday 18 June 2015
U3A Mid-Year
Function
Annandale Community
Centre

Thursday 12 Nov 2015
Christmas Function
Annandale Community
Centre

# Care to broaden your horizons and try something new? See two pages of classes available through U3A at the end of this Newsletter. You can engage the brain, meet new people and have fun.

## University of the Third Age Townsville Inc.

Website: <a href="http://members.westnet.com.au/u3atownsville">http://members.westnet.com.au/u3atownsville</a>

Our office is located at 9 Railway Avenue, Railway Estate, 4810.
P.O. Box 374, Aitkenvale, QLD, 4814
And open 9.30 am – 11.00 am Mondays. Ph (07) 4724 3530,
e-mail: u3atownsville@westnet.com.au



#### **U3A EXECUTIVE OFFICERS – 2015**

President	Graham Collins	4789 0590
Vice President	Donna Kippax	0419 734 553
Secretary	Syd Collins	4729 0275
Treasurer/Property Officer	Jenny Sebba	4728 5421
Assist Treasurer/U3A Network	Alan Williams	4775 1930
Newsletter Editor	Kathy Joyce	4724 1648
	(Email:-kathleen.joyce	e@bigpond.com)
Class Co-Ordinator	Vacant	
Publicity Officer	Kay Torkington	4728 9394
Trip Co-ordinator	Nanette Grace	4721 4484
Magnetic Isl. Co-ordinator	Don Kinsey	4758 1349
Catering	Marie Baker	4778 4841
Venue Organiser	Yvonne Campbell	4779 8947

**Committee Members**: Kate Eagling (4725 4535) Hazel Ball (0419 780 190) Liz Mason (0429 179 395) Bev Ponder (0413 389 534) Jill Warren (4773 5336)

**Production & Distribution**: Mary Collins, Alan & Lois Williams, Elvena Morris, Nanette Crowther, Syd & Eric Collins, Nanette Grace, Estelle Del Bello

**Membership fees** can be paid either at the U3A Office any Monday morning between 9.30 and 11.00am, when the office will be attended. Alternatively, they can be posted to U3A at P O Box 374, Aitkenvale, Q. 4814, or paid by direct bank transfer. Money should not be left in the U3A office. It would be prudent for any U3A member who collects membership money outside of office hours to buy a personal receipt book.

#### **U3A TOWNSVILLE INC. WEBSITE**

Our website address is:- <a href="http://members.westnet.com.au/u3atownsville">http://members.westnet.com.au/u3atownsville</a>. On this website you can read your newsletter and get any updated information. To save trees and expenses members are asked to contact the office by email to receive your newsletter by email, instead of the printed, posted hardcopy. Those who prefer the printed version will still receive it as usual upon request.

#### **NOTICE TO MEMBERS**

The position of **Class Co-ordinator** for U3A Townsville is presently vacant. The Co-ordinator would, in part:

- help U3A to attract new tutors and classes
- advise new tutors on setting up courses/classes
- be a contact person for tutors
- attend Committee meetings and present a report

If you'd like more information about this position, we'd love to hear from you.

[For now, however, if members have a query or suggestion about an existing or a possible new class, please contact any Committee Member – see list at top of this page.]

#### PRESIDENTS REPORT



The Annual General Meeting was held at the Annandale Community Centre on Thursday 10 March. You will notice in the list of office bearers and committee members for 2015 on page 2 that there are some changes. In particular I want to mention the contribution made by Alan Williams. Alan was President from 2005 to 2007, Vice President up to 2012, and then took on the role of Treasurer. This year, he has handed over that position into the capable hands of Jenny Sebba. Jenny is also the U3A Townsville Property Officer.

I also acknowledge the contribution made by Syd Collins as Secretary. Syd takes the minutes of committee meetings. It is not an easy task to juggle the demands of family, gardening, keeping fit, cooking, etc. with keeping the minutes of our committee meetings, and Syd always does an admirable job.

I would like to welcome Donna Kippax as Vice President and Jill Warren as committee member. The rest of your committee are the same as last year: Newsletter Editor Kathy Joyce, Publicity Officer Kay Torkington, Magnetic Island Co-Ordinator Don Kinsey, Trips Co-Ordinator Nanette Grace, Catering Officer Marie Baker, Venue Organiser Yvonne Campbell, and committee members Hazel Ball, Kate Eagling, Liz Mason, and Bev Ponder.

I know that we have many people with a range of skills within our membership and I hope that some of you, particularly with a background in areas such as finance, languages, history, classics, and science, might take the opportunity to pass on your skills by leading some classes in 2015. You can contact any of the U3A committee. No matter what the topic, we can all learn from each other, expanding our collective store of knowledge.

#### **Graham Collins**

#### **FRIDAY TALKS**



These talks are continuing at the **Aitkenvale Library Meeting Room** on **Fridays** at **2pm**.

Graham Collins is nearing the conclusion of his series of presentations on *DNA – Your Inner History*. Following that, Eric Campbell will be presenting a series of lectures on *Mathematics*. Then, Don Kinsey will give a presentation on *Musical Appreciation*.

More information will be forthcoming on these events **by email** so watch your *In Box* for details. If you're not on email of course, call a Committee member for details.

#### What's happening on Magnetic

#### **Don Kinsey**

No startling news from Magnetic Island. All classes are continuing into the second term. Our science class on Life and Evolution has now run its course with 18 episodes in total. We did not speculate on the future directions evolution might take. However, we did consider the fact that the dominant rule by mammals beginning 65 million years ago may never have occurred if the large dinosaurs had not been removed -- by a chance catastrophic asteroid impact, not by evolution. Without that event, would we be, or not be? The class has now requested a re-run of the physics course so that's next. The rotten hot weather has further delayed any new Music Appreciation events.

General enquiries – Don Kinsey (47 581 349) If you want to know what's happening on the Island (not just U3A) try going to www.whatsonmagneticisland.com.au.

#### **CANASTA GROUP**







Wow! This group of folk are amazing – helpful and friendly, with new members increasing our number. For a fun morning, consider giving it a go. We meet **Wednesday** mornings 9.30 until 12.30pm. Call **Beverley** on **0413 389 534** for more information.

#### **BEADING CLASS**



Sadly, the extra hot summer months have temporarily slowed us down. Come cooler times, we will find our nimble fingers creating works of "Art". Have had enquiries to learn crochet and knitting beadwork too.

Call Bev on 0413 389 534.

#### **CREATIVE WRITERS**



2014 ended on a high note for our group. We celebrated with a Christmas lunch at 'The Vale'. We laughed while we chewed over the events of the year closing behind us.

2015 started the first week of January with most writers anxious to get back to Work....School, as I call it!...We had two new ladies start the class, unfortunately one has decided it's not for her. Having said that it is with pleasure we welcome Kelly who is already a valued team member.

We also had a gentleman who seemed to enjoy the class but I think maybe was overwhelmed by us ladies, shame! It was nice to meet you Dave - come back anytime.

Valda our tutor is doing a grand job and driving us all up the wall with challenging homework. Well done Valda we love you really!

Other than that it's a great class – come along! Cheers, Ann K.

#### **SOCIAL GROUP**

At 10am Saturdays, we meet for coffee and chat, fix the world in 30 minutes, then plan for outings of interest to most of us.

Coming up in May, we'll see the Queensland Ballet in Coppellia. In July, we'll see *Roy Orbison* and *The Everley Brothers*.

Tickets \$64.90 with concession.

Call Bev on 0413 389







#### FRIDAY AT THE GALLERY



"Event Time" has started with a bang this year alongside the demolition, construction and renovation as Townsville prepares itself for an increasing population in our region. For the members of the U3A Friday @ the Gallery Group, it is very helpful now to have a phone call earlier in the week to decide which Gallery we may visit. This gives friends who've exchanged phone numbers a chance to invite newer members or offer rides, if needed, and check on their well-being. (Those memory banks seem to need more reminders as the months whiz past and I find that a call or text message is most welcome.)

This service will be very helpful when both the 25th Australian Chamber Music Festival and 13th Strand Ephemera begin on **Friday 31st July**. Stay connected.

In **May** we will visit Pinnacles Gallery, Riverway, to view the 1965 work of then young photographer, Tim Page, with the Australian troops in Vietnam. (Passionate photographer, Clare Watson, will be in her element)!

For our **June** visit, PTRG will be the exclusive Australian venue for the major touring exhibition of New Zealand's - WOW [World Of Wearable Art]. This is another interactive exhibit for this year's "Glencore Children's Exhibition" and will build on the creativity generated by last year's block-buster Leggo constructions &displays across the city. It will be here from 29 May to 12 July. (I'm hoping to see a wearable exoskeleton with long sleeves for a pain-ridden, short, older woman).

For more information give me a call on my mobile **0488 257 180**. (I'll call you back if you wish).

Keep smiling! Anne Matthews

W U3A's thanks to **Estelle Dal Bello** for her work on the U3A Committee over a number of years, particularly as our rep with TRCOTA. Estelle remains a U3A member.

#### TRIPS AWAY

I am proposing an overnight trip to **Mission Beach** on **13 June 2015**. Costs given here are provisional depending on how many people want to go - figures are only a guide.

Return bus fare and accommodation about \$130

Optional extras:

Evening dinner \$25

Visit to Paronella Park (the castle in the Rainforest ) \$38 concessional

Visit to Rare Tropical Fruit Farm \$45

#### **Itinerary**

- Leave Townsville at 7am to arrive at resort about lunchtime
- Saturday afternoon visit Paronella Park or go to boutique shopping centre
- Saturday evening dinner at local restaurant
- Sunday morning visit Rare Fruit Farm
   2 hours in two groups
- Leave for home about lunchtime, back in Townsville by 6pm

If you are interested you need to contact me by 20 May. I realise this is not much notice but I need to gauge the level of interest ASAP so that I can confirm bookings. Note that this is a members' only U3A trip.

In this issue there is a flyer from **Norfolk Island** U3A inviting any member to visit on given dates. If this sounds like something you would enjoy, then please ring me on 47214484 and I will make further enquiries on our behalf.

Several members have floated the idea of going on a **Pacific Cruise** next year as a



Nanette Grace - 4721 4484

#### MELBOURNE FLOWER SHOW TRIP

What a wonderful time 18 of us enjoyed on our package weekend in March to the Melbourne Flower Show. Thanks to Nanette Grace who unfortunately had a fall while we were away but still carried on with the other girls attending the weekend. Words fail me to describe the flowers and floral exhibitions, the displays from various groups, and the perfect weather. I took 150 photos to give some idea of how good it was to be there. A few are shown on this page. Keep an eye out on the U3A Townsville website in the future for many more. As well as the flower show we all had time to explore Melbourne on the free CBD trams. Then, of course, there were the shops!!!. Don't miss next year's Show.

Cost was about \$800 for the 3-night shared Travelodge South Bank accommodation and return airfares The way to go is with a group for fun and least expense.

Enjoy the photos. Regards **Kay Torkington** 







**TALKING OF TRAVEL** – See the following invite from U3A Norfolk Island. (See article by Nanette Grace in this Newsletter for queries.)



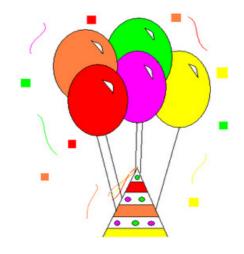
#### A.G.M. AND SOCIAL ACTIVITIES



Numbers were down a little at our March Annual General Meeting. However, a Committee has once more emerged as you'll have seen from our President's Report. Graham Collins (shown above left with retiring Treasurer, Alan Williams) also spoke on the structure and history of U3As around the world.

#### **U3A MID-YEAR (JUNE) FUNCTION**

You won't want to miss our mid-year function. It's on **Thursday 18 June 2015**. We plan lots of varied entertainment — musicians, poets, singers and more. As always, please bring a plate of something to share (disposable plate is best) and enjoy a morning of diversion, amusement, good company and a scrumptious morning tea. Pop the date in your diary now!





# WHEN YOU KNOW IT'S TIME TO HAND IN THE CAR KEYS! (Don't laugh, gentlemen! Your gender may be for it next Newsletter.)

#### **U3A WALKING GROUP TIMETABLE FOR MAY to AUGUST 2015**



**Day:** Friday **Time:** 7.45am – 8.45am

Contact: Mignon Spuler on 4779 9246 to check for any changes

Map references: Townsville, Mount Isa, etc. Yellow and White Pages Telephone directory 2014 - 2015

Month Date	Meet	Walk	Month Date	Meet	Walk
May 1	Murray Lyons Cr Annandale Skatepark near bridge Map 14 N12	Fairfield Waters Downstream	June 26	O'Reilly St., Mundingburra Cnr Burt St Map 14 D11	Annandale side RR downstream
May 8	Paxton St., North Ward Queens Gardens gate Map 6 R9	North Ward	July 3	Cape Pall Rd/Esk St., Rowes Bay car park Map 6 H3	Soroptomist Park, foreshore
May 15	Tyack St., Rosslea Near Viles St. Map 14 N10	Golf Club	July 10	Palmetum Car Park, Nathan St Aitkenvale Map 13 M14	Palmetum
May 22	End Carmody St., Hermit Park Bicentennial Park Map 14 P3	Park area circuit	July 17	Weir School carpark Ross River Rd Thuringowa Map 13 A16	Riverside Gardens side Downstream
May 29	Tobruk Pool, The Strand, North Ward Map 7A	The Strand	July 24	O'Reilly St., Mundingburra Cnr Burt St. Map 14 D11	Annandale upstream
June 5	The Rockpool North Ward Map 6 Q3	Jezzine park Flag/gun area	July 31	Dean Car Park, S. Townsville (Morey St end) Map 1 H17	CBD
June 12	The Rockpool North Ward Map 6 Q3	Jezzine Park Indigenous area	August 7	The Rockpool North Ward Map 6 Q3	The Strand Ephemera
June 19	O'Reilly St., Mundingburra Cnr Burt St. Map 14 D11	Downstream to Sherriff park			

Come and join us, get some fresh air, exercise and see Townsville. We walk at a pleasant pace that allows for chatting and stopping to see wildlife. We avoid the hot months from November to March. The itinerary above gives you an idea of where we will go, mostly on walking paths.

How do I know my youth is all spent?
My get-up-and-go has got up and went!
But, in spite of it all, I'm able to grin
And think of the places my getup has been!

# **U3A CLASS TIMETABLE as of 22 APRIL 2015**

Time	Class	Contact	Venue
Monday			
9.00 - 10.00	Exercise Class	Merv Pilcher	Health Studio.
		4729 0915	1/276 Charters Twrs Rd
9.00 – 12.00	Mah Jong	Shirley Fitzgerald – 4721 2820	Call Shirley Fitzgerald for venue
9.00 – 1.00	Social Art (no Tutor)	Judy Osborne 4723 9086	Call Judy Osborne for venue
9.00 am	Book Club (Monthly on 2 <sup>nd</sup> Mon of each month)	Lois Williams 4775 1930	Aitkenvale Library Or Syd Collins 4729 0275
1.00 – 2.00	Indonesian	Eric Campbell – 4779 8947	Aitkenvale Library Meeting Room
1.00 – 4.00	Art	Patricia Jones 4723 4298	Call Patricia Jones for venue
1.30 – 3.00	Folk Dancing	Philippa Johnson 0417 780 016	Heatley Community Centre Near Long Tan Pool
2.30 – 4.00	Philosophy	Peter Burns/Karl Kampmark 4779 5214	Aitkenvale Library Meeting Room – contact Tutor first
Tuesday			
9.00 – 2.00	Quilling & Cardmaking	June Lorimor 4771 6227	Wulguru Community Centre
10.00 – 12.00	Creative Writing	Val Spencer 4723 6083 or Ann Krome 4723 8870	Vale Hotel
2.00 – 4.00	Computer Users Group Last Tues. of Month comm. March 2015	Graham Collins 4789 0590 Donna Kippax 0419734553	U3A Office
Wednesday	1		
9.00 – 10.00	Exercise Class	Viv Watkins 4773 5287	Health Studio 1/276 Charters Twrs Rd
9.00 – 12.00	Pottery	Nick Dimitriou 0438 132 707	Tatika Ceramics, 52 Mallee St., Condon
9.00 – 1.00	Scrapbooking	Sandra Bowtell 4789 2832	9 Thornbill Close Kelso
9.30 – 12.30	Canasta	Bev Ponder 0413 389 534	German-Australian Club (New address - Cnr Anne/Patrick Sts, adj. to big car park)
2.00 – 4.00	Beadwork Class	Bev Ponder 0413 389 534	Contact Tutor for venue
Thursday			
9.00 – 12.00	Art	Jan Fels 4721 3636 Peg McElhinnney 4779 8621	Salvation Army Hall Madden Street, A'vale
10.00 –11.30	Successful Investor	Robert Fuller (Tutor) - 47550161 John Weil 4723 8615	Heatley Community Centre Fulham Road.
10.30 –11.30	Exercise Class	Paula Agtoft 4771 5298 or 0401 445 477	Health Studio. 1/276 Charters Twrs Rd

### **U3A CLASS TIMETABLE as of 22 APRIL 2015**

Time Class Contact Venue	Time	Class Conta	act Venu	е
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**Friday** 

7.45 – 8.45	Walking	Mignon Spuler 4779 9246	Various locations - check with Tutor
9.00 – 10.00	Exercise Class	Val Grogan 4723 5432	Health Studio 1/276 Charters Twrs Rd
9.00 – 12.00	Mah Jong	Shirley Fitzgerald 4721 2820	Contact Shirley Fitzgerald for venue
10.00 –12.00	Scrabble	Kate Eagling 4725 4535 0429 419 580	Contact Tutor for venue
1.00 – 3.00	Computer for Beginners	Kate Eagling 4725 4535 or 0429 419 580	Railway Estate Community Centre (Contact tutor first)
1.30 - 3.00	First Friday @ Perc Tucker Gallery	Anne Matthews 0488 257 180	Perc Tucker Gallery
2.00 – 3.30	Friday Talks (Last Friday of each Month)	Co-ordinator sought	Various Speakers & Topics A'vale Library Meeting Room

**Saturday** 

9.00 – 10.00	Exercise Class Seniors	Jenny Nyambane 4725 0434	Health Studio 1/276 Charters Towers Rd.
10.00	Social Group	Bev Ponder 0413 389 534	Various locations
Various times & days	Computer classes for Beginners	Bev Ponder 0413 389 534	Community Centres in various suburbs (4 p/class)
Anytime	Computer Support (Apple Mac Only)	John Holt 4773 4600	

# MAGNETIC ISLAND COURSES

General Inquiries – Don Kinsey (47 581 349)

Science Class: Earth and Sea	Don Kinsey	4758 1349	Monday – 10am to 12
Tai Chi Exercise Class	Peter Duckworth Tania Thoreau	4758 1981 4758 1981	Tuesday – 7am to 8am
Computer Users	Don Kinsey	4758 1349	Tuesday – 10am to 12 noon
French Conversation	Gisela Edwards	47785548	Wednesday- 9am to 11am
Making Music	Kelly Marlin-Zwa	4758 1426	Wednesday – 3pm to 5pm
German Conversation	Jill Taylor	0402333528	Wednesday - Comm. 4pm
Spanish	Peter Duckworth Marie de Monchau		Thursday – 9.30am to 11.30am
Health & Weight Control	Bette Davis Jan Tester	4758 1113 4758 1821	Thursday - 9am to 11am
Tai Chi – Yang 85	Peter Duckworth	4758 1981	Friday – 7am to 8am