



## U3A Townsville Inc Newsletter



4th Quarter, 2015

### Dates for Your Diary

Thursday 12 Nov 2015  
9.30 for 10.00am  
**Christmas Function**  
Annandale Community Centre

Tuesday 26 January 2016  
**Newsletter Items**  
Last day for submissions for 1st  
quarter Newsletter  
(Folding 4 February 2016)



The year is almost at a close. Have you considered nominating for a Committee position next year? Perhaps you'd like to 'shadow' a current member to learn more about what they do? Do get in touch with a Committee member to learn more – we'd love to hear from you.

## University of the Third Age Townsville Inc.

Website: <http://members.westnet.com.au/u3atownsville>

Our office is located at 9 Railway Avenue, Railway Estate, 4810.  
P.O. Box 374, Aitkenvale, QLD, 4814  
And open 9.30 am – 11.00 am Mondays. Ph (07) 4724 3530,  
e-mail: [u3atownsville@westnet.com.au](mailto:u3atownsville@westnet.com.au)



## U3A EXECUTIVE OFFICERS – 2015

President	Graham Collins	4789 0590
Vice President	Donna Kippax	0419 734 553
Secretary	Syd Collins	4729 0275
Treasurer/Property Officer	Jenny Sebba	4728 5421
Assist Treasurer/U3A Network	Alan Williams	4775 1930
Newsletter Editor	Kathy Joyce	4724 1648 (Email:-kathleen.joyce@bigpond.com)
Class Co-Ordinator	Vacant	
Publicity Officer	Kay Torkington	4728 9394
Trip Co-ordinator	Nanette Grace	4721 4484
Magnetic Isl. Co-ordinator	Don Kinsey	4758 1349
Catering	Marie Baker	4778 4841

**Committee Members:** Kate Eagling (4725 4535) Hazel Ball (0419 780 190)  
Liz Mason (0429 179 395) Yvonne Campbell (4779 8947) Bev Ponder (0413 389 534)

**Production & Distribution:** Mary Collins, Alan & Lois Williams, Elvena Morris, Nanette Crowther, Syd & Eric Collins, Nanette Grace, Estelle Del Bello

**Membership fees** can be paid either at the U3A Office any Monday morning between 9.30 and 11.00am, when the office will be attended. Alternatively, they can be posted to U3A at P O Box 374, Aitkenvale, Q. 4814, or paid by direct bank transfer. Money should not be left in the U3A office. It would be prudent for any U3A member who collects membership money outside of office hours to buy a personal receipt book.

### **U3A TOWNSVILLE INC. WEBSITE**

Our website address is:- <http://members.westnet.com.au/u3atownsville>. On this website you can read your newsletter and get any updated information. To save trees and expenses members are asked to contact the office by email to receive your newsletter by email, instead of the printed, posted hardcopy. Those who prefer the printed version will still receive it as usual upon request.

### **CHRISTMAS FUNCTION**



It's almost time once more for our annual Christmas function! It will be held on **Thursday 12 November 2015** at 9.30am at the Annandale Community Centre.

Expect some great entertainment – folk dancing, skits, singing, poetry and more!! As usual, please bring a plate to share (disposable is best). Let's keep up the tradition, long held, of yummy food for this celebration.

**Secret Santa** is taking on a new form this year. If you'd like to participate, rather than bringing a gift to exchange with another member, we ask that you bring a gift to the value of \$10 to be distributed to **Vinnie's** for those less privileged. Suggestions include non-perishable food, toys, household items etc. If you choose to gift wrap, please attach a tag naming the contents.

**See you there.**

## PRESIDENTS REPORT



All U3A's around the world rely on their Tutors to present classes. The topic presented might be based on a person's previous career, or an interest such as a hobby or a holiday. It could be a 'one-off', or take a few weeks. Without Tutors U3A's would fold up. The range of Tutors and their interests has an effect on the number of people who join U3A because they provide variety.

As a Tutor, I find that preparing a class not only keeps my mind active, but also I learn a great deal about the topic that I present. I get the information for my classes from books, magazines, the internet, and even from my teaching activities in the past at Adelaide University. However, this type of preparation does take a lot of time. Fortunately the digital age and U3A Online now make the presentation of a class by anyone very easy.

U3A Townsville is a member of U3A Online and therefore anyone in U3A Townsville can get access to the wide range of prepared classes that are offered. Each class can be downloaded as a set of comprehensive notes and presented as 'chalk and talk', or built into Powerpoint. The number and variety of classes available is continually increasing. For example:

*Australian History 1: Prior to Federation*  
*British Society in the Early 18<sup>th</sup> Century*  
*China in Transition: From Mao to Now*  
*A History of Women's Struggle for Equality*  
*The Evolution of Life on Planet Earth*  
*Shakespeare: Rediscovering the Bard*  
*Unleashing your Creative Spirit*  
*Ageing and Retirement*  
*Henry Lawson – A study of his Work, Life and Times*

*Antarctica*  
*Australian Flora*  
*Continents on the Move*  
*Basic English Grammar*  
*Writing for Pleasure*  
*Myths and Legends*  
*The Night Sky*  
*Skills for Using the Media*

These are all classes that have been written by an expert and can be downloaded and presented to U3A. There is a link to U3AOnline on the U3A Townsville web site. Classes presented by other U3A's include Keyboard Organ, Knitting and Crocheting, Astrology, Petanque, Machine Patchwork, Spinning & Weaving, Cryptic Crosswords, and Opera. Why not try your hand as a Tutor in 2016?

Have a happy Christmas, and a safe and healthy 2016.

**Graham Collins**



**Are you currently a computer user?** If not, would you like a little help to become one? Committee member Jenny Sebba has put together some valuable information on second hand laptop computers and desktops. Her article will be published in full in our January Newsletter including research Jenny has done on what firms are most likely to be able to economically assist you. In the meantime, if you're keen to get started now, ring **Jenny** on **4728 5421**.

## Class News

### DRAWING AND DESIGN FOR BEGINNERS

Lindy Collins offered a 10 week Drawing and Design for Beginners which ran from July to September.

While our class was small, it was intense and structured, but great fun. While Lindy expected a lot from us, she gave a lot of herself.

She was generous with her time and expertise and our end results spoke for themselves. We all improved a lot and are hoping for a follow-up course next year.

**Syd Collins**



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### CREATIVE WRITERS

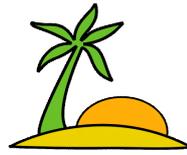


We, at Creative Writers, are still pushing the boundaries each week with our words, even surprising ourselves sometimes. We are pleased to say John Wosner is still brave enough to front up to a room full of women each week.

Though we have had only had a small audience at our Friday afternoon recitals recently, they have been very appreciative, and we have all enjoyed the afternoons. Betty Fryer was thrilled to have an article published recently in Yours Magazine about the birth, last year, of their first great-grandchild.

Thanks to Ann Krome and Donna Kippax for our new Anthology. "Creative Writers Let Loose" is now at the printers and we look forward to having it for sale at the U3A Christmas function and at the U3A office Mondays from 9.30 – 11.00 a.m.

### MAGNETIC ISLAND – A change of tutor



#### Don Kinsey

Because of my distinctly doubtful health, **Elementary Physics**, current topic in our Earth & Sea course, has been on hold since August. Mike Keating has enthusiastically offered to take on the course at least for the electricity and magnetism section and it will recommence on 9 November.

Again because of me, **Computer Users** and **Music Appreciation** have also seen no activity since August. All other courses and activities have continued as normal.

Our Christmas party will be earlier than usual this year – Friday 4 December. As has been traditional since our inception in 2005, the party will again be hosted by Alastair Cole and held in his delightful home.

**General enquiries – Don Kinsey (4758 1349).** If you want to know what's happening on the Island (not just U3A) try going to [www.whatsonmagneticisland.com.au](http://www.whatsonmagneticisland.com.au)

### SOCIAL CLUB



U3A Townsville's Social Club continues to enjoy many and varied activities. I've heard mention of theatre, concerts, movies, picnics as well as simple get-togethers for coffee and a chat. They meet on Saturday mornings at 10am. For more information, please call **Bev on 0413 389 534**

### AN ITALIAN RULE

There is no such thing as too much garlic!

## U3A CONFLICTS

The following are the relevant parts of the U3A Townsville constitution to deal with a member in a difficult situation. Removing such a person can be achieved by the Committee with all sorts of safeguards built in. Under Section 4.18, an external mediator can be brought in to resolve a dispute.

- 4.7 A member may have his or her membership terminated by the Management Committee, if in the opinion of the Management Committee, the conduct of such member is deemed detrimental to the best interests of the Association.*
- 4.8 Before the management committee terminates a member's membership, the committee must give the member a full and fair opportunity to show why the membership should not be terminated.*
- 4.9 If, after considering all representations made by the member, the management committee decides to terminate the membership, the secretary of the committee must give the member a written notice of the decision.*
- 4.10 A person whose application for membership has been rejected, or whose membership has been terminated, may give the secretary written notice of the person's intention to appeal against the decision.*
- 4.11 A notice of intention to appeal must be given to the secretary within 1 month after the person receives written notice of the decision.*
- 4.12 If the secretary receives a notice of intention to appeal, the secretary must, within 1 month after receiving the notice call a general meeting to decide the appeal.*
- 4.13 The general meeting to decide an appeal must be held within 3 months after the secretary receives the notice of intention to appeal.*
- 4.14 At the meeting, the applicant must be given a full and fair opportunity to show why the application should not be rejected or the membership should not be terminated.*
- 4.15 Also, the management committee and the members of the committee who rejected the application or terminated the membership must be given a full and fair opportunity to show why the application should be rejected or the membership should be terminated.*
- 4.16 An appeal must be decided by a majority vote of the members present and eligible to vote at the meeting.*

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### **4.18 RESOLUTION OF INTERNAL DISPUTES**

- 4.18.1** *Disputes between members (in their capacity as members) of the Association and disputes between members and the Association are to be referred to a Dispute Resolution Centre for mediation in accordance with the Dispute Resolution Centres Act 1990.*
  - 4.18.2** *At least seven (7) days before a mediation session is to commence, the parties are to exchange statements of the issues that are in dispute between them and supply copies to the mediator.*
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## **OLD FAVOURITE RECIPES**



Do you have a recipe for jams, pickles, cakes or anything else you'd like to share? Don't let these tried-and-true treasures fade away. Send them to me and I'll publish them in a Newsletter so that all can enjoy.

## FRIDAY TALKS/COURSES

Something to look forward to in 2016 - Friday talks next year may include:-

### DIY TRAVELLING



This course will show you how to plan your own holiday from scratch without using a travel agent. Once you select the destination, you will be able to find the best time to travel, the airline flights to get you there, booking the best accommodation, and arranging finance. All the information to do it is on the internet.

### HOME VIDEOS



This Course will take you through the basics of preparing your own home video. You would start with the equipment that you need (maybe only the camera on your laptop), taking the movie, and editing to produce the best end product. You might want to show this to the family, or send it to You Tube.

### MYGOV

The plan is to engage a representative of Centrelink to tell all about the electronic process of providing the Department with our necessary data to obtain benefits and meet our contractual obligations, such as changes in circumstances. If this is a grey area (or worse!) for you, come along and learn some easy tips.

**More details to come re dates, times, venues for all three "Friday Talks" in the New Year.**

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### THURSDAY ART GROUP



The Thursday Art Group is thriving, with a full enrolment of ten keen artists. As we once again have rooms full of our work, it is time for another Sale and Exhibition.

As members of the group work in a number of different media, the exhibition will cover a wide variety of subject and form - landscapes, flora and fauna, still life etc. in acrylic, watercolour, oils, pen and ink, and pastels. Apart from canvases there will also be greetings cards and fridge magnets, all at very reasonable prices.

As previously, the exhibition will be held in the lovely surroundings of Jan Fels' home at 76 Robertson Street (on the corner of Doorey Street) Railway Estate on **Sunday, 29 November, between 9 am and 3 pm.**

With Christmas just around the corner, it could be the ideal place to find some of those unique gifts! Why not come along, with a friend or three, and spend a happy hour or two browsing through the gallery and having a complimentary cuppa and cake?

We look forward to seeing you there. **Jackie Collins.**

## MYSTERY TOUR

At 8 am on Saturday 19 September 2015, more than 40 members of the Townsville U3A boarded a coach and set off on a mystery tour organised by Nanette Grace. Our first port of call was the Law Courts, where Mike Connors, one of the security guards, explained to us the workings of a court room and a trial. For the majority of the group this was probably the first time that they had been in the law courts on either side of the dock. Mike explained where each of the participants of a trial stood or sat - the jurors in their box, the defendant in the dock, the witness box, the various barristers tables and of course, the Judges Bench.

From the law courts we proceeded to The Boat Park in South Townsville. There we were addressed by Deputy Mayor Verne Veitch who pointed out all the renovations that have taken place and the plans for the future development of the park. We then drove to the Maritime Museum where we had a very welcome morning tea. Rod Burnett, Volunteer guide, answered any questions about the museum and we were encouraged to view all of the exhibits. This was the first time that I had been to that particular museum and I found it fascinating

We then set off for Giru where we had lunch at The Giru International Hotel. The food was excellent, and how Rosalie Hardy, the manager/proprietor conquered the logistics of serving all diners with piping hot food all at the same time is something to be admired. After the meal, tea or coffee was served and, fully satisfied, we set out on the last stage of our tour. We were hosted by the Townsville Bee Keepers Association. Frana and John McKinstry, together with some of their colleagues, gave us a fascinating, illustrated lecture on bees. They explained how each hive hosts a queen and that the worker bees convert the nectar and pollen that they collect on their forays, into wax and honey. We were then shown the frames that the bees use to make the honeycomb and we were given a demonstration of how the honey and wax is collected and how the honey is separated out so that it can be used.

The trip ended just after four in the afternoon and I feel that I will not be contradicted if I say that a very pleasant, enjoyable and educational day was had by all of the members and that a big "thank you" should be given to Nanette for all the hard work that she put into organising the tour  
**John Wosner** (Some happy snaps below, courtesy **Joan Twine**.)



## U3A WALKING GROUP



The **U3A Walking** Group meets to walk each Friday from 7.45am to 8.45am. Contact is **Mignon Spuler** on 4779 9246. The group's end of year breakfast is set for 6 November. Meet at Maritime Museum, Palmer Street, South Townsville.

See the first Newsletter in 2016 for the full program of walking for next year.

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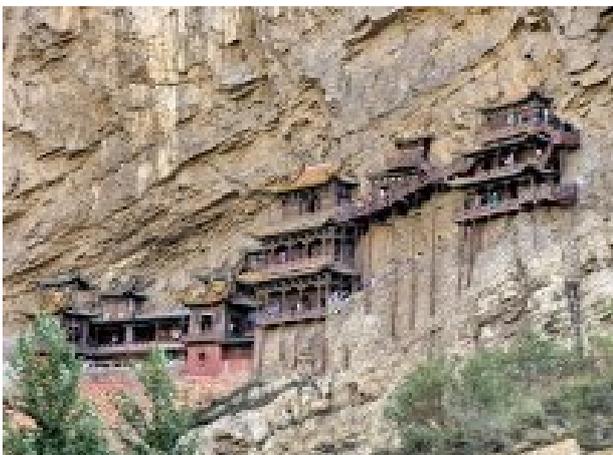
### EATING IN THE FIFTIES

Pasta was not eaten in Australia. Curry was a surname and a takeaway was a maths problem. A pizza was something to do with a leaning tower. Rice was only eaten as a milk pudding. Calamari was called squid and we used it as fish bait. We wore a Big Mac in the rain. Brown bread was something only poor people ate. Oil was for lubricating, fat was for cooking. Tea was made in a teapot using tea leaves and was never green. Sugar enjoyed a good press and was regarded as being white gold. Eating raw fish was called poverty, not sushi. None of us had ever heard of yoghurt. Healthy food consisted of anything edible. People who didn't peel potatoes were regarded as lazy. Indian restaurants were only found in India. Cooking outside was called camping. Seaweed was not a recognised food. "Kebab" was not even a word, never mind a food. Surprisingly, muesli was readily available - it was called cattle feed. Water came out of the tap. (The thought of bottling it and charging more for it than petrol hadn't occurred to anyone.)

The one thing that we never ever had on our table in the fifties - "**Elbows**" or "**Phones**"  
(Thanks to Syd Collins)

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**Members** - send in your favourite travel photo for a future Newsletter. We'd love to see them!



The Hanging Monastery at Datong,  
Shanxi Province, China.  
(Courtesy Graham Collins)



Glacier Bay, Alaska (Courtesy Kathy Joyce)

### U3A CLASS TIMETABLE as of 27 October 2015

Time	Class	Contact	Venue
<b>Monday</b>			
9.00 – 10.00	Exercise Class+	Merv Pilcher 4729 0915	Health Studio. 1/276 Charters Twrs Rd
9.00 – 12.00	Mah Jong+	Shirley Fitzgerald – 4721 2820	Call Shirley Fitzgerald for venue
9.00 – 1.00	Social Art (no Tutor)+	Judy Osborne 4723 9086 0409764184	Call Judy Osborne for venue
9.00 am	Book Club (Monthly on 2 <sup>nd</sup> Mon of each month)+	Lois Williams 4775 1930	Aitkenvale Library Or Elizabeth Pollock Bell 4772 6475
9.30 – 11.30	Computer for Beginners+	Kate Eagling 4725 4535 or 0429 419 580	Railway Estate Community Centre (Contact tutor first)
1.00 – 2.00	Indonesian+	Eric Campbell – 4779 8947	Aitkenvale Library Meeting Room
1.00 – 4.00	Art	Patricia Jones 4723 4298	Call Patricia Jones for venue
1.30 – 3.00	Folk Dancing+	Philippa Johnson 0417 780 016	Heatley Community Centre Near Long Tan Pool
2.30 – 4.00	Philosophy	Karl Kampmark 4775 3253	Aitkenvale Library Meeting Room – contact Tutor first
<b>Tuesday</b>			
9.00 – 2.00	Craft & Cardmaking+	June Lorrimer 4771 6227	Wulguru Community Centre
10.00 – 12.00	Creative Writing+	Val Spencer 4723 6083 or Ann Krome 4723 8870	Vale Motel
2.00 – 4.00	I-Pads/I-Phones <b>(1<sup>st</sup> &amp; 3<sup>rd</sup> Tuesdays of each month)</b>	Donna Kippax 0419 734 553 or Kate Eagling 0429 419 580	U3A Office
2.00 – 4.00	Computer Users Group <b>(Last Tues. of month)</b>	Graham Collins 4789 0590	U3A Office
<b>Wednesday</b>			
9.00 – 10.00	Exercise Class+	Viv Watkins 4773 5287	Health Studio 1/276 Charters Twrs Rd
9.00 – 12.00	Pottery+	Nick Dimitriou 0438 132 707	76 Bowen Rd., Rosslea
9.00 – 1.00	Scrapbooking+	Sandra Bowtell 4789 2832	9 Thornbill Close Kelso
9.30 – 12.30	Canasta+	Bev Ponder 0413 389 534	German-Australian Club (Cnr Anne/Patrick Sts)
2.00 – 4.00	Beadwork Class+	Bev Ponder 0413 389 534	Contact Tutor for venue
<b>Thursday</b>			
9.00 – 12.00	Art +	Jan Fels 4721 3636 Kathleen Feaver 4779 1252	Salvation Army Hall Madden Street, A'vale
10.00 – 11.30	Successful Investor	Robert Fuller (Tutor) - 47550161 John Weil 4723 8615	Heatley Community Centre Fulham Road.
10.30 – 11.30	Exercise Class	Paula Agtoft 4771 5298 or 0401 445 477	Health Studio. 1/276 Charters Twrs Rd

## U3A CLASS TIMETABLE as of 27 October 2015

Time	Class	Contact	Venue
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### Friday

7.45 – 8.45	Walking+ <i>(Recommences 2016)</i>	Mignon Spuler 4779 9246	Various locations - check with Tutor
9.00 – 10.00	Exercise Class+	Val Grogan 4723 5432	Hyde Park Centre
9.00 – 12.00	Mah Jong+	Shirley Fitzgerald 4721 2820	Contact Shirley Fitzgerald for venue
10.00 – 12.00	Scrabble	Kate Eagling 4725 4535 0429 419 580	Contact Tutor for venue
1.00 – 3.00	Computer for Beginners	Kate Eagling 4725 4535 or 0429 419 580	Railway Estate Community Centre (Contact tutor first)
1.30 – 3.00	First Friday @ Perc Tucker Gallery	Anne Matthews 0488 257 180	Perc Tucker Gallery
2.00 – 3.30	Friday Talks (Last Friday of each Month)	Co-ordinator sought	Various Speakers & Topics A'vale Library Meeting Room

### Saturday

9.00 – 10.00	Exercise Class Seniors	Jenny Nyambane 4725 0434	Health Studio 1/276 Charters Towers Rd.
10.00	Social Group+	Bev Ponder 0413 389 534	Various locations
Various times & days	Computer classes for Beginners +	Bev Ponder 0413 389 534	Community Centres in various suburbs (4 p/class)
Anytime	Computer Support (Apple Mac Only)	John Holt 4773 4600	

## MAGNETIC ISLAND COURSES

General Inquiries – Don Kinsey (47 581 349)

Science Class: Earth and Sea	Mike Keating	4758 1542	Monday – 10am to 12
Tai Chi Exercise Class	Peter Duckworth Tania Thoreau	4758 1981 4758 1981	Tuesday – 7am to 8am
Computer Users	Don Kinsey	4758 1349	Tuesday – 10am to 12 noon
French Conversation	Gisela Edwards	47785548	Wednesday – 9.30am to 11am
Making Music	Kelly Marlin-Zwa	4758 1426	Wednesday – 3pm to 5pm
Spanish	Peter Duckworth Marie de Monchaux	4758 1981 0427556165	Thursday – 9.30am to 11.30am
Health & Weight Control	Bette Davis Jan Tester	4758 1113 4758 1821	Thursday – 9.30am to 11.30am
Tai Chi – Yang 85	Peter Duckworth	4758 1981	Friday – 7am to 8am